



The Triangle

Ladies Auxiliary of the Fleet Reserve Association

April 2018 Edition

2017-2018

National President

Jean Smith
2326 Shawn Drive
Maryville TN 37803
865-982-3306
jeansmithlafra@gmail.com

National Vice President

Christina Murray
512 Hyde Park Road
Norfolk VA 23503-5514
757-588-6135
christinamurray.lafra@gmail.com

National Executive Secretary

Doris C Fri
139 W Peoria Street Apt 202
Paola KS 66071
816-878-1720
doriscfri@gmail.com

National Financial Secretary

Pat Suckow
106 Hyrne Drive
Goose Creek SC 29445
843-452-4719
lafranfspat@gmail.com

National Treasurer

Bea Parco
PO Box 13157
Tempe AZ 85284-3257
602-550-6690
arpsw2014@gmail.com

National Chaplain

Gale Nathan
9345 Blue House Road Apt 9108
Ladson SC 29456
843-870-7850
gale.nathan19@yahoo.com

Membership Services Adminstrator

Cindy Rodham-Tuck PNP
PO Box 1154
Easton MA 02334-1154
508-238-3607
msalafra@gmail.com

National Parliamentarian

Sandra Robbins PNP
2712 Holly Ridge Road
Orange Park FL 32073
904-269-2136
slgr@bellsouth.net

From the Desk of the National

Greetings from your National President

Our short-lived summer has left us again and we are back to cold and windy weather here in Tennessee. How can it be 80 degrees for a week and in one day go back down to 30 degrees? I feel like I'm in the "Twilight Zone".



The EIN#'s are coming in slowly and we thank those who have sent their form, but we need all units to comply. I am aware that we sound like a broken record but the National LA FRA must remain in compliance or we will not survive. Don't be afraid to call the IRS, they will help you establish your EIN# or they can help you fill out the 990 renewals. The National Treasurer has to have a copy of your original form or if you are established, she will need a copy of your 990-renewal form.

I need to say a few words about eligibility in the LA FRA. To be eligible, we must have a sponsor. That sponsor shall be all enlisted personnel (active duty, reserve, and retired) of the Navy, Marine Corp and Coast Guard. Commissioned Officers of the Sea Services, who have at least one day of prior enlisted service. Personnel of other branches who have prior honorable enlisted service in one of the Sea Services and /or were eligible for membership in the FRA at time of death. All dates have been dropped by the FRA as to when the eligibility begins or ends. If your sponsor is, was or ever has been in the FRA or was eligible to become an FRA member, we do not go back and look up dates because that no longer applies. The FRA says if they were in, they are in. When an applicant fills out a membership application and signs, they are swearing that the information they have put down is correct and we should not question the integrity of that person. Because of the Privacy Act, we are not allowed to have our Branches look up any DD214's. They will be breaking the law. The only person who has access to any military documents is the person whose name appears on the form. I hope we all abide by these rules. People who wish to become members of the LA FRA will find who is eligible in the C & BL, Article 3, Section 301(a).

I get many e-mails every day and some of you have made your e-mail address invisible to the receiver, therefore, if you would be courteous enough to sign your e-mail, perhaps we will know who to send an answer to.

For those of you who were aware that our contract with the Hotel at Tyson's Corner expires this year. Our Pilgrimage this year will be the last one at Tyson's Corner. We have just signed a contract for a different Hotel for the years 2019, 2020, and 2021. The name of that Hotel is Sheraton Pentagon City Hotel, 900 South Orme Street,

Arlington, Virginia, 22204, Phone: (1) (703) 521-1900. I think you will find it quite adequate. You will be receiving Pilgrimage information and dates next year for this Hotel.

I attended the Southeast Mid-Year in Birmingham, AL. Vera Thomas JRPRP gave a PowerPoint on filling out report forms for the Regional Convention. The information was received well. The Hotel was lovely, and the fellowship was great as usual. I always feel at home here in the Southeast since this is my Region. I am looking forward to my upcoming visits to South Central, West Coast, and North Central. Looking forward to great fellowship and happy faces.

I have had a set of Jewelry made from Amethyst and White Topaz stones that were mined and cut at the Gem Mine in Pigeon Forge, TN. They are set in white gold and the set includes earrings, pendant, and ring. This set has been appraised at over \$2,000.00 and tickets will be available for \$5.00 donations. Should you be fortunate enough to win this beautiful jewelry- ensemble, it will come with the appraisal. I am having Doris put a picture of the set in the Triangle. All proceeds will go to my project, Alzheimer's Foundation. You may send request for tickets to me at jeansmithlafra@gmail.com or phone 865-982-3306. If you mail a check to receive a ticket, please make sure you make the check payable to LA FRA with NP Project in the memo line.

So far this year our losses have been great so if each of you would take a moment in your own way to say a prayer, a blessing, a thought for the families who have suffered losses.

For all those who have lost someone special, we extend our prayers and sympathy. For those having a birthday, we wish for you happiness and many more. For those with anniversaries, we congratulate you and send our warmest well wishes. For those who are ill, we send our prayers and lots of get well wishes.

In Loyalty, Protection and Service,
Jean Smith NP LA FRA

In Loving Memory of our departed Members

Mary L Denyer Unit 4 Member since 2016	Evelyn I Bast Unit 93 Member since 1993	Adelaide McBride Unit 93 Member since 1975
Karen A Snee PNVP Unit 181 Member since 1995	Elsie J Hanger MAL Member since 1990	Patricia R Manning MAL* Member since 1968
Helen H Petrogallo MAL Member since 1975	Faye A Hatfield PNP Unit 12* Member since 1965	Ruth M Matthews Unit 136 Member since 1986
Janette Douglas Unit 161 Member since 1990	Adele A Christensen Unit 127 Member since 1994	Bridget M Case Unit 91 Member since 1994
Stella L Dupree Unit 126 Member since 1978	Sally H Roundtree Unit 290 Member since 2017	Frances I Portolan Unit 101 Member since 1980
Dorothy Maurath PNP Unit 230 Member since 1975		

Bold Type * - indicated 50+ years

Membership Statistics

Apr 1	REI	NEW	TI	TO	Resigned	NonPmt	Deceased	Ineligible	Other	Active
6383	208	528	163	162	8	933	115	1	0	6063

Candidates for National

National President: Christina Murray Unit 40
 National Vice President: Bea Parco Unit 163
 National Treasurer: Linda Telly Unit 230
 North Central Regional President: Barbara White Unit 161
 North Central Regional Vice President: Dolores "DeeJay" Hopkins Unit 161
 East Coast Regional President: Cristina Dixon Unit 4

If your Unit or Region needs Officers, please consider stepping forward and doing what is best for the Auxiliary. We are all in this together for the common good of our organization.

“Through the generosity of our members, all things are possible”

NNP SCHOLARSHIP

Unit 93 in Memory of PNVP Karen Snee
PNP Club in memory of PNP Faye Hatfield
PNP Club in memory of PNP Dot Maurath
PNP Cindy Rodham-Tuck in memory of PNP Dot Maurath & PNP Faye Hatfield

LA FRA Scholarship

PRP Debby Zavadil in memory of Karen Snee
PRP Karen Brobst in memory of Karen Snee
PNP Cindy Rodham-Tuck in memory of Karen Snee
Unit 269, Unit 22

**NP Project 2017-2018
Alzheimer’s Foundation**

Unit 59, Unit 93, Thomas & Shirley Vatter Br
and Unit 93, Unit 22

Pilgrimage

Unit 93, 269, 41, 8, 22 Branch & Unit 154

NFS Pat Suckow says she appreciates the fact that you like her enough to send her checks made out to her, but in the interest of getting things done, all checks MUST be made payable to the LA FRA.

“DID YOU KNOW”

RESOLUTIONS

Writing a Resolution

A resolution shall be restricted to one subject and may encompass an entire Article of the C&BL.

The Whereas shall state the number of the Article, Section and Subsection which is to be amended.

The Whereas shall state the reason(s) for the proposed amendment.

The Resolved shall contain the exact wording of the entire Article, Section, or Sub-Section as it proposed to appear in the C&BL.

Certification:

Each Resolution must include certification signed by the Unit President and Unit Secretary:

This is to certify that this resolution was proposed at a regular meeting of Unit-____ held on (date) _____ day of _____(Month) _____(Year), and read, debated and adopted by _____(2/3 or unanimous) vote at a regular meeting of Unit Number _____ held on the _____ day of _____(Month) _____(Year)there being a quorum present.

*** **Amendments to Bylaws** shall be proposed at one meeting and read, debated and adopted by a majority vote at the next meeting.

******Amendments to Standing rules or Rituals** may be proposed, read , debated and adopted by a majority vote at a single meeting. (Nominating Resolutions and Honorary Membership Resolutions may also be done a t a single meeting.)

Format for Bylaws Resolution:

The Resolution shall be restricted to one subject and may encompass an entire article of the C&BL which is to be amended.

The Whereas, the first Whereas shall state the nature of the Article of the C&BL which is to be amended.

You may have several Whereas, to explain why you feel a change is necessary. (The last Whereas, shall end with therefore be it, Resolved, shall contain the exact wording of the entire Article, Section or Sub-Section as it is proposed to appear in C&BL once ratified.

Certification (statement of when resolution was proposed, read, debated and adopted by membership

Signatures of the Unit President and Unit Secretary

Always keep in mind when writing a resolution that clarity is of the utmost importance. Those reading it need to be able to understand what is being changed/updated, why the change/update is necessary and what the change/update is really saying.

Also keep in mind that anytime a proposal for a change/update to any bylaw, standing rule or ritual, is made, it could affect another one.

For further information and more specifics, please check Article 12 in the LA FRA National C&BL.



**Jewelry ensemble being raffled by NP Jean Smith
(Wish we could show it in color)**

Tickets will be available for \$5.00 donations. Should you be fortunate enough to win this beautiful jewelry-ensemble, it will come with the appraisal. All proceeds will go to my project, Alzheimer's Foundation. You may send request for tickets to me at jeansmithlafra@gmail.com or phone 865-982-3306. If you mail a check to receive a ticket, please make sure you make the check payable to LA FRA with NP Project in the memo line.

A Message from South Central Regional President Pauline Wampler

It is an honor to serve as the Regional President for another year! I am available by phone or email at any time and I am looking forward to visiting all the South Central Units. At this time, I have visited three of the Units in our Region. The Units in the South Central may be small, but they work hard assisting the Veteran's and the active duty personnel and families in their community.



The South Central Mid-Year Meeting will be held March 15 – 18, 2018 at the Wyndham Garden in Shreveport, LA at 1419 E. 70th Street. The phone number is 1-800-843-6654. The room rate is \$89.00 plus tax and is available for up to two days before and after, Breakfast is included. Please say you are with the FRA South Central. The welcome aboard party will be held on Friday, March 16, 2018 and the theme will be St. Patrick's Day – so bring your Irish!

All Unit Chaplains are required to submit the annual Chaplain's report to their Regional Chaplain to ensure that they are able to complete their report to send into the National Chaplain.

Please notify the MSA, National Chaplain and Regional Chaplain when a member passes. This will enable them to recognize the deceased member at the National & Regional conventions.

Yours in Loyalty, Protection & Service,
Pauline Wampler, RPSC



March 11, 2018



March 17, 2018



April 1, 2018

WHAT IS GOING ON WITH OUR MEMBERS

It is with heavy heart that I pass on the information that **PNC Bobbie Pugh** passed away February 14. A service was held on 2/24/2018 at the Baptist Church on Old Hammond Road, Baton Rouge, LA. Cards may be sent to **PNC Jerry Pugh**, 1863 Stonegate Court, Baton Rouge, LA 70815-5405. Bobbie also graciously held the title of PRPSC.

PNT Eileen Magnan passed away after a short but intense battle. She passed away, with her husband of 50 years by her side. You may send cards to the Magnan Family 5950 Camden Ave. N, Brooklyn Center MN 55430.

RPNC Teresa Norton is making progress on her journey back to good health. After her horrendous car accident in June 6, 2016. She has had multiple surgeries and is now able to walk without the boot.

A Message from Southeast Regional President Gail Bolz

Hi Auxiliary Members, I hope everyone had a wonderful Christmas and New Year! Thank you for electing me as your Regional President for 2017-2018, It will be my pleasure to serve you. We are so glad our winter snow has come and gone, it is nice to see snow falling but after that we are ready to watch it melt as fast as it fell.



I would like to send a big thank you to Benita Kinlaw from Unit 269. She wrote and sent out 1700 Christmas cards to our military this year, she certainly outdid herself from the 600 she wrote last year. Benita wanted to make sure those that were serving our country over the holidays knew how important they are to us.

Our JrPRP Vera Thomas (Unit 126) will be leading our workshop for the Mid-Year, which is being held in Alabama.

A little birdie mentioned we might be starting up a new unit, so please pray that it will become a reality. Congratulations to Unit 91, they will be celebrating their 71st year as a unit this February.

In Loyalty, Protection, and Service

Gail Bolz RPSE

Annual Reports

One of the duties, of the National Executive Secretary, is to send the Annual Report forms to the Units. These are usually mailed out in April. For several years the report forms have been on the LA FRA Website www.la-fra.org in PDF form. There has been much discussion the past couple of years about making these documents fillable, so that the Unit Secretaries, Chairman etc. could fill them out on their computer. I am happy to say that this has been accomplished and ALL the forms on the Website are now PDF Fillable. All you must do is pick the ones you want and download them to your computer and fill them out. You must print them out and get the appropriate signatures before you send them in. If you do not have access to the Website, I will email them to you in the PDF Fillable format. If you do not do computers and you want the hard copies, sent by mail, we can do that too. All you must do is let me know how you want to receive them. If you have already notified me of what your wishes are, please disregard this notice. Our goal is to make sure everyone receives the forms in a timely manner in the format that works for them. No one will be left out.

Triangle

Any member who would like to receive the Triangle by email, may request it. Triangles will be mailed to all the persons who are entitled to receive them, this is by request only. All subscriptions will be honored and if you are a Unit President or Unit Secretary, Regional or National Officer you will continue to receive the Triangle by mail, unless you request to receive it by email. The Triangle is posted on the website each month and anyone can read it there. No one will receive the Triangle by email unless they request it. Please let me know.

2017 Minutes

The 2017 minutes have been mailed out, either in Book form or on a CD. If you ordered a copy and have not received it, please let me know.

LA FRA IN SEARCH OF RECORDER/TRANSCRIBER

The Ladies Auxiliary of the Fleet Reserve Association is seeking a Recorder/Transcriber for National Convention Recording/Transcribing.

The Transcriber must be able to transcribe the convention minutes with no omissions, deletions or alterations, except as directed by the delegates assembled at the convention. The minutes shall conform to Section 604(e) of the LAFRA C&BL's. The recorder will attend Pre-Board, Business sessions, and Post Board of the LAFRA Convention. Provide 1 double spaced transcript to the Jr. Past National President and once minutes are approved provide 2 final condensed copies to the Jr. Past National President, who will forward one copy to the National Executive Secretary for publishing. The recorder will receive a negotiated payment per page of transcription commensurate with experience. Transcriber must provide his/her own transcribing equipment.

Travel to the convention site, and hotel expenses during the National Convention, not to exceed per diem rates as published by the GSA.

Preference will be given to members of the Ladies Auxiliary of the Fleet Reserve Association, and those eligible for membership.

Applicant needs to have the ability to listen, understand and simultaneously type accurately.

Closing date: Open until filled

Resumes should be sent to:

Pat Suckow NFS
106 Hyrne Drive
Goose Creek SC 29445

DATES TO REMEMBER

2018 South Central Region Mid-Year Meeting	3/15/18 – 3/18/18	Shreveport LA
2018 West Coast Mid-Year Convention	3/22/18 – 3/25/18	Stockton CA
2018 Northeast/New England Mid-Year Meeting	3/24/18 – 3/24/18	Lakehurst NJ
2018 North Central Mid-Year Meeting	4/09/18 – 4/11/18	Branson MO
FRA NBOD Mid-Year Meeting	4/11/18 – 4/14/18	FRA Hdq
2018 LA FRA Pilgrimage	4/14/18 – 4/14/18	Arlington Cemetery
Central Liaison Committee Meeting	4/28/18 – 4/28/18	Oxon Hill MD
2018 East Coast Regional Convention	7/20/18 – 7/21/18	Solomons MD
Central Liaison Committee Meeting	7/29/18 – 7/28/18	Lexington Park MD
2018 West Coast Regional Convention	7/29/18 – 7/31/18	Sparks NV
2018 Southwest Regional Convention	8/03/18 – 8/04/18	Laughlin NV
2018 North Central Regional Convention	8/09/18 – 8/12/18	Grand Rapids MI
2018 South Central Regional Convention	8/16/18 – 8/19/18	Shreveport LA
2018 Northwest Regional Convention	8/17/18 – 8/18/18	Boise ID
2018 Southeast Regional Convention	8/23/18 – 8/26/18	Gulf Breeze FL
2018 Northeast/New England Regional Convention	9/05/18 – 9/07/18	Egg Harbor Tsp NJ
2018 FRA/LAFRA National Convention	9/23/18 – 9/30/18	San Antonio TX

Mark your calendar, get your reservations in early, and enjoy

Reminder from the MSA

MSA wants to remind everyone that the end of the Membership Year is March 31. Reference 601 (d) of the C&BL. The Units voting strength is base on Unit Membership as of March 31. If you have members whose dues are in arrears, these members will not be counted in calculating the Units Voting strength.

Also, those deceased members that are honored at the Memorial Service at Regional and National convention are those who were reported deceased between July 1st and June 30, of the current year. If you have a member who was reported decease after June 30, of the current year, that member will not be listed on the Deceased list until the following year.

Who, What, and Where Information

MEMBERSHIP

Payments, Applications,
Membership Changes (Status-Address-
Phone)
PCT A or B

ADDRESS

LA FRA
PO Box 1154
EASTON MA 02334-1154
Phone: 508-238-3607

DECEASED MEMBERS INFO

Report To:

Membership Services Administrator

Cindy Rodham-Tuck PNP/ MSA
PO Box 1154
Easton MA 02334-1154

National Chaplain

Gale Nathan
9345 Blue House Road Apt 9108
Ladson SC 29456

Regional Chaplain

Check with your Regional President

MONIES/DONATIONS

*(All monies/donations, with the exception
of membership dues, are sent direct to
the NFS for posting and processing. **DO
NOT SEND MONIES TO THE NES.**)*

National Financial Secretary

Pat Suckow
106 Hyrne Drive Goose
Creek SC 29445
lafranfsapat@gmail.com

Make checks out to **LA FRA** denote in the
Memo section where to be posted.

Resale Items	Pilgrimage
NP Scholarship	Subscription(s)
Scholarship Fund	Triangle
National President's Project	Convention
Minutes	
Welfare and Rehab	

NOTE:

ALL REPORTS FOR JUDGING SHOULD BE SENT TO YOUR
REGIONAL CHAIRMAN WITH A COPY TO YOUR REGIONAL
PRESIDENT.

UNIT CHAPLAIN'S REPORT SHOULD BE SENT TO YOUR
REGIONAL CHAPLAIN & REGIONAL PRESIDENT. THIS REPORT
IS NOT JUDGED, BUT INFORMATION IS COMPILED AND SENT
TO THE NATIONAL CHAPLAIN FOR HER REPORT

ONLY THE 1ST PLACE WINNERS of the UNIT REPORT, IN EACH
GROUP, WILL BE TAKEN TO NATIONAL CONVENTION FOR
JUDGING.

UNIT OFFICER'S REPORT

DO NOT WAIT UNTIL INSTALLATION!

**As soon as officers have been elected the
Unit Officer's Report shall be sent to:**

National Executive Secretary (1 copy)

Doris C. Fri NES
139 W Peoria Street Apt 202
Paola KS 66071

National Treasurer (1 copy)

Bea Parco NT
PO Box 13157
Tempe AZ 85284-3157

Membership Services Administrator (1 copy)

LA FRA
PO Box 1154
EASTON MA 02334-1154

Regional President (2 copies)

(Retain one (1) copy for Unit Records)

**NATIONAL DELEGATE SHEET
(SEND TO ALL PERSONS LISTED BELOW)**

NATIONAL PRESIDENT

Jean Smith
2326 Shawn Drive
Maryville TN 37803
jeansmithlafra@gmail.com

NATIONAL VICE PRESIDENT

Christina Murray
512 Hyde Park Road
Norfolk VA 23503-5514
Christinamurray.lafra@gmail.com

NATIONAL EXECUTIVE SECRETARY

Doris C. Fri NES
139 W Peoria Street Apt 202
Paola KS 66071
dorisfri@gmail.com

NATL CONVENTION CO-CHAIRMAN

Pat Boudreaux PNP
2589 Dudley Drive
Rescue CA 95672-9684
larryboo@pacbell.net

NATL CREDENTIALS CHAIRMAN

Karen Brobst PRP
21955 Spring Valley Drive
Lexington Park MD 20653-292
Kareneb55@hotmail.com

NATL REGISTRATION CHAIRMAN

Aida Littlejohn PRP
PO Box 618
Havelock NC 28532
alittlejohn@ec.rr.com

50 Year Pins were awarded to the following members

Evelyn Ryan March 1, 2018, Helen Trimmer Unit 182 February 1, 2018, Delorice (Dee) Kessinger Unit 182
April 1, 2018.

CONGRATULATIONS TO ALL!!!!

**TRIANGLE
LADIES AUXILIARY OF THE FLEET RESERVE ASSOCIATION
139 W Peoria St Apt 202
Paola KS 66071**

ADDRESS SERVICE REQUESTED

REPORT OF CHANGE OF ADDRESS FOR TRIANGLE

Date: _____

Name: _____ Member No: _____

OLD ADDRESS

Street: _____

City, State, ZIP: _____

NEW ADDRESS

Street: _____

City, State, ZIP: _____

MAIL TO: DORIS FRINES. 139 W Peoria St Apt 202. Paola KS 66071

ALSO REMEMBER TO NOTIFY THE **MSA** OF ANY CHANGE OF ADDRESS

LAERA. PO BOX 1154. Easton MA 02334-1154