

My National President Project for 2025-2026 is “Stop Soldier Suicide.” This initiative envisions a nation where veterans and service members face no greater risk of suicide than any other American citizen. I share the belief that no individual who has served our country should navigate life’s challenges in isolation.

All services provided by this organization are completely free of charge for veterans and service members, regardless of their branch of service, discharge status, or era of service. Through their “Roger” program, which focuses on wellness services, they offer complimentary, confidential mental health and wellness care for veterans and service members. The dedicated team comprises trusted clinicians who work closely with clients to mitigate their suicide risk and enhance their overall well-being.

As an employee at the VA Palo Alto Veterans Affairs Hospital and a member of the suicide prevention program team, I have relied on this nonprofit organization to support our patients in need on numerous occasions. This 501 (c) (3) organization has set an ambitious goal to reduce the suicide rate by 40% by 2030, and I genuinely believe that this objective is achievable.

If you are interested in contributing to this vital cause, please send a check to the LA FRA National Financial Secretary at PO Box 706, Goose Creek, South Carolina 29445, and kindly indicate “2025-2026 NP Project” in the memo line. Your support can make a significant difference in the lives of those who serve our nation.

“STOP SOLDIER SUICIDE-GIVE HOPE TO OUR HEROES”