

EAST COAST REGION WEBSITE PAGE



East Coast - Geographic Boundaries

Maryland, District of Columbia, Virginia, West Virginia, North Carolina, and Delaware

Units: 24 Annapolis, 40 Chesapeake, 41 Roanoke, 60 Ocean View, 99 Kempsville, 181 Navy Department, 182 Triangle, 293 Elizabeth City

REGIONAL OFFICERS 2023-2024

PRESIDENT

LORETTA JORDEN UNIT 24
2825 WHITEHOUSE ROAD
RIVA MD 21140
410-533-1902
sticherydisignz@gmail.com

VICE PRESIDENT

REBECCA LOPEZ UNIT 181
P.O. BOX 455
INDIAN HEAD MD 20640
443-975-1661
rslopez1114@yahoo.com

CHAPLAIN

GRACE VILLANUEVA UNIT 181
P.O. BOX 34
OXON MD 20750
703-209-3296
gcv0908@yahoo.com

2024 REGIONAL MID YEAR

Dates: February 9-11, 2024

Location: Holiday Inn Virginia
Beach Norfolk,
Hotel & Conference Center,
5655 Greenwich Road
Virginia Beach VA 23462

Reservations: 757-499-4400
Mention: FRA

Rates: \$89.00 + 15% tax & \$2.00 per
night, per room lodging tax

Contact: Branch and Unit 293



2024 REGIONAL CONVENTION

Dates: September 10-12, 2024

Location: Fort Magruder Hotel &
Conference Center, 6945 Pocahontas
Trail, Williamsburg VA 23185

Reservations: 757-220-2250

Rates: \$50.00 + tax per day
Mention: Fleet Reserve Association

Contact: Paul Phelps PRPEC FRA
paulphelps57@gmail.com -
757-633-5994 or PNP Christina Murray
chistinamurray.lafra@gmail.com

PICTURES TELL THE STORY

EAST COAST REGIONAL NEWS

Dear East Coast Region,

I hope this letter finds everyone in good spirits entering this holiday season with the New Year just around the corner.

I had a wonderful time in Sparks Nevada at the National Convention. My daughter Virginia and her son William were great traveling companions, he was so good. I was hatted to be your East Coast Regional President and I will not let you down. This year was busy for Unit 24; we celebrated 60 years and had 3 Charter members present, one being my mother who is 97 years old. I would like to let everyone know she is still doing fine and is visiting my youngest sister in South Carolina who is also a Unit member.

Please let me know when your Unit meets so I can plan to attend and make an official visit and please let me know if there is anything else I can assist with. Your Regional VP, Ruby Lopez, and I want to work with everyone to increase membership for each Unit. Also, looking forward to VP Ruby getting Unit 4 back together again as well as working with our FRA RPEC Robert Oliveira on membership for Unit 293. I hope each Unit is doing well, please keep in touch with your members and let them know what is going on, ask them how they are doing and if they need help with anything. The older they get they seem to cling to the telephone and feel like someone is there for them. I am still running around for Thanksgiving and Christmas gift cards for our needy families and making deliveries of much needed supplies to my sister's nursing home to make people feel that they are not forgotten.

- We have our Mid-Year coming up in Virginia Beach, VA on February, 9th and 10th. I hope everyone is able to can make it. {see attached}
- Regional September 10, 11, and 12, 2024, at the Fort Magruder Hotel and Conference Center in Williamsburg, VA.
(More to come)
- The Centennial Committee is hosting the 96th FRA/91st LAFRA Convention in conjunction with the FRA 100-year celebration, November 10-16th, 2024, at the DoubleTree by Hilton in Annapolis, MD (More to come)

Let's make it a great year for the East Coast!

In Loyalty, Protection and Service
Loretta W. Jorden
East Coast Regional President
LA FRA Unit 24, Annapolis, MD





December 16, 2023

FRA East Coast Regional
Mid-Year Meeting
FRA Branch 293
Robert Oliveira
East Coast Regional President

Dear Shipmates and Auxiliary Members,

We look forward to seeing you at the 2024 FRA/LAFRA East Coast Regional Mid-Year Meeting in Virginia Beach, VA, on 10 February 2024.

As you know, this Mid-Year Meeting is hosted by FRA Branch 293 of the East Coast Region. To offset incurred expenses, the hosting branch will hold three ticketed 50/50 raffles: \$1 (each or 6 for \$5), \$5 (each or 5 for \$20), and \$25 tickets. The size of the prizes awarded will depend on your participation.

Since this is ***your*** East Coast Mid-Year, and there will be no other request for donations (no patron/booster rolls for this meeting), we are asking for maximum participation in these raffles.

Ticket Requests may be sent to **Shipmate RPEC Robert Oliveira**
2024 FRA ECRMYM
P.O Box 1753
Elizabeth City, NC 27906-1753

Or email to: FRABranch293@gmail.com (place in the subject line: ***“FRA ECRMYM Ticket Request”***).

Please, include the raffle and the number of tickets requested. You may also purchase tickets during the Mid-Year Meeting. Winners need not be present to be awarded prizes.

Please contact me with any questions, and FRA Branch 293 looks forward to seeing you in Virginia Beach, VA!

In Loyalty, Protection, and Service,

RPEC Robert Oliveira
2024 FRA/LAFRA ECRMYM





2024 East Coast Regional Mid-Year Meeting

February 9-11, 2023

Virginia Beach, VA

Hosted by FRA Branch 293 and LAFRA Unit 293

Holiday Inn Virginia Beach-Norfolk Hotel & Conference Center 5655 Greenwich Road, Virginia Beach 23462

Holiday Inn® Virginia Beach Norfolk hotel offers an upscale experience & a central location. Our hotel's guests in Virginia Beach are 12 miles from the beaches of Virginia, five miles from Norfolk International Airport & downtown Norfolk, VA.

Our hotel's guests can shop in Virginia Beach Town Center, see a free outdoor concert, or catch a performance at the Sandler Center. Topgolf Virginia Beach, Princess Anne Athletic Complex, Hampton Roads Soccer Complex & US Field Hockey Center are nearby.

Are we heading to the area for government travel? Naval Station Norfolk, Little Creek Amphibious Naval Base, Fort Story & NAS Oceana are nearby. Corporate guests like being near Interstate Corporate Center, Sentara Leigh & Norfolk International Airport. Our hotel's complimentary airport shuttle is available daily from 5 am to midnight. Free Wi-Fi access, a complimentary high-tech Business Center, a 24-Hour Corner Market & 22,000 sq ft of banquet & meeting space make us the best choice for conference, meeting, event, and wedding planners.

From a soaring six-story atrium lobby with a welcoming stone fireplace & water features to the cool BLU Bar, our hotel's guests in Virginia Beach enjoy the latest hospitality trends. Visit Ashley's Bistro for full-service dining. Recharge in our Fitness Center & relax at our outdoor pool.

Holiday Inn Virginia Beach-Norfolk Hotel & Conference Center
5655 Greenwich Road • Virginia Beach, VA 23462 • Tel: (757) 499-4400 • Fax: (757) 226-9155
Website: www.hivabeachnorfolk.com

They can book their room online or call 800-567-3856.

The group booking code is **FRA**.

Or link

[Fleet Reserve Association](#)

Room Rates: \$89.00 plus tax per night

The above room rates are subject to a 15% sales tax plus \$2.00 per night per room lodging tax in effect at check-in time. Hotel check-in is after 3:00 p.m. and check-out time is 12:00 p.m.

THE RESERVATION DEADLINE IS JANUARY 15, 2024

Schedule of events:

Friday, February 9, 2023 – Hospitality Room (1800)

Saturday, February 10, 2023 - Regional Meetings (0900) (As Scheduled by RPEC FRA/LAFRA)

- Dinner (1800) (*on your own*)
- Hospitality Room (1800-2300)





80th FRA and 78th Auxiliary of the FRA **East Coast Regional Convention**



Fort Magruder Hotel and Conference
Center, 6945 Pocahontas Trail,
Williamsburg, VA 23185



September 10 – 12, 2024



80th FRA and 78th Auxiliary of the FRA
East Coast Regional Convention
Newsletter #1 Rev #1 February 2024

Hosted by FRA East Coast Ad-Hoc Committee
FRA Chairman, PRPEC Paul Phelps
Auxiliary of the FRA Co-Chairman PNP Christina Murray

Shipmates and Auxiliary Members,

Make reservations for the 80th FRA and 78th Auxiliary of the FRA East Coast Regional Convention. As you represent your Branch and Unit, we hope that you will come early to visit the historic attractions in Williamsburg, Jamestown, and Yorktown and discover one of America's favorite family destinations, where historical attractions, museums, and the cultural arts combine with theme parks, restaurants, and shopping.

The convention hotel is Fort Magruder Hotel and Conference Center, 6945 Pocahontas Trail, Williamsburg, VA 23185. Self-parking is complimentary. This is a pet friendly hotel (with an additional fee). Handicap rooms are available. Call (757) 220-2250 for reservations and mention "**Fleet Reserve Association**" to receive the \$99.00 Convention room rate, which is only available for September 7 – 13, 2024. The rate will include a Complimentary Hot Breakfast Buffet with no protein(meat). A maximum of two breakfast buffet vouchers, per night, will be provided at check in. (1 person = 1 voucher per night, 2 people = 2 vouchers per night, 3 or more people = 2 vouchers per night)

Scooter Rental is available from Williamsburg Mobility at the rate of \$50.00 per day, Free Delivery and Pickup, and 10% Senior Discount. Rent 5 days, get the 6th day free, and still get the 10% Senior discount. To reserve a scooter, contact Williamsburg Mobility via phone, (757) 561-5262 or email www.williamsburgmobility.com.

Vendor Tables are available for rental during the convention. Contact info and sign-up form will be in Newsletter Number 2.

Special Menus have been prepared for the FRA and Auxiliary's Gray Hat Luncheons and the Banquet. Order forms will be in Newsletter Number 2.

Complimentary movies are shown nightly in the Hotel Lobby.

FRA's East Coast Region President, Robert Oliveira and Auxiliary of the FRA East Coast Region President Loretta Jordan will preside over the convention business meetings.





80th FRA and 78th Auxiliary of the FRA
East Coast Regional Convention
Newsletter #1 Rev #1 February 2024



The Convention's Hospitality Room will remain open for social activities. As always, the Pass the Ace game will always be available. New players are always welcome to join the fun. The hospitality room will be available to purchase refreshments during the Welcome Aboard Party and the Banquet.

Information to be provided about the Welcome Aboard Party will be provided in Newsletter #2.

To conclude the convention festivities, the mock Installation Ceremony for the incoming FRA and Auxiliary of the FRA Regional Presidents 2024-2025, will be held followed by the Convention's Banquet with music to be determined. Reservation ticket forms will be provided in Newsletter #2.

Branch and Unit Officers are encouraged to attend the convention and distribute convention newsletters or information to the membership via email or phone. Please encourage your members to attend the convention. We look forward to seeing you at the 2024 East Coast Regional Convention.

Please remit payment for the Donation tickets to:

FRA 2024 East Coast Regional Convention

Mail the payment to:

RTEC Philip Stone
6701 Kenny Lane
Apt 101
Portsmouth, VA 23703

Yours in Loyalty, Protection and Service

Paul Phelps PRPEC FRA, Chairman
paulphelps57@gmail.com
757-633-5994
1009 Elysian Place, APT 343
Chesapeake, VA 23320

LAFRA PNP Christina Murray Co Chairman
christinamurray.lafra@gmail.com
757-439-6135
512 Hyde Park
Norfolk, VA 23503

