

SOUTHWEST REGION WEBSITE PAGE



Southwest - Geographic Boundaries

California, south of the east-west line drawn between Monterey, Kings, Tulare and Inyo Counties to the north, and San Luis Obispo, Kern and San Bernadino Counties to the south; Nevada, south of a line running east-west from the Arizona-Utah border; Arizona, New Mexico, and Texas, west of a line extending north-south from the eastern New Mexico-Texas border. **Units:** 61 Chula Vista, 70 Poway, 84, San Diego, 163 Valley of the Sun, 289 Imperial Beach, 302 Carson

REGIONAL OFFICERS 2022-2023

PRESIDENT

Marilyn Quesnel Unit 289
951 Thermal Avenue
San Diego CA 92514
619-428-3027
mnmque@aol.com

VICE PRESIDENT

Jo Anne Dougherty Unit 289
580 5th Street
Imperial Beach CA 91932-1236
619-426-0150
j.dougherty@cox.net

CHAPLAIN

Shirley Ferrill PNC Unit 61
2712 E 14th Street
National City CA 91950-5204
619-267-2516
shirleyazf36@gmail.com

2023 REGIONAL MID-YEAR

Dates:

Location:

Reservations:

Rates:

Contact:



2023 REGIONAL CONVENTION

Dates: August 14-15, 2023

Location: Plaza Hotell & Casino
1 Main Street, Las Vegas NV 89101

Reservations: 7-800-634-6575

Mention FRA "SFLEETR

Rates: Sunday - Wednesday \$38.00 plus
13% Tax and Resort Fee \$20.00

Contact: Chairman PRPSW John Quesnel
Jr.Br 289, Phone: 619-399-9423,
fra289bulletinchair@gmail.com

Jon Way Branch 90, Phone 702-600-7289,
wayjonk@msn.com

Marilyn Quesnel RPSW 619-205-2875
mnmque@aol.com.

Roseanne Kramlich, 619-205-2875,
roseanne_kramlich@att.net

PICTURES TELL THE STORY



Ladies Auxiliary of the Fleet Reserve Association Southwest Region

NEWS LETTER No. 1 - 2022-2023

Regional President Southwest Marilyn Quesnel

Date: December 19, 2022

Dear LAFRA Southwest Region Members,

Greetings to all and warm wishes for a wonderful Holiday Season. First and foremost, I would like to thank you all for electing me as your LAFRA Regional President Southwest for the ensuing year 2022-2023. It is an honor and a great privilege to serve as your President. As this is my first time, it will be a learning process for me, but I don't feel that it is my duty alone, each of you have a part to work together in this office, and I will do this job to the best of my abilities.

Unfortunately, our membership continues to decline. Please let's work together to win back those who have not renewed, and to recruit new members. We also need to let all members know how our Shipmates are fighting for our benefits on the Hill. Keep in mind that more members mean more numbers and numbers mean more power.

Please get involved with your city events and have a booth promoting FRA LAFRA as often as you can to help to recruit new members. You can contact National to receive pamphlet, flyers, and old FRA Today Magazines as well as information regarding the FRA Scholarship program. All this can be included in the ditty bag that you can pass out to prospective members. Also make sure you have information sheets that you fill out, so you have a way to contact them down the line.

❖ **Southwest Regional Business:**

The Southwest Active Units are Unit 61, Chula Vista; Unit 70, Poway; Unit 84, San Diego; Unit 289, Imperial Beach; Unit 302, Carson, and Unit 163, Valley of the Sun, Arizona

❖ **Correspondence:**

The Quarterly Regional President Newsletter will be sent by E-mail. Postal mail will be sent with minimum printing to Presidents that do not have computer access.

❖ **Phone and Texting**

You can text me and/or leave voice messages on my cell phone 619-830-9462. On both text and voice, be sure to mention your Name, Unit Number, phone number and a brief message of what you need.

❖ **2022-2023 Southwest Regional Officers:**

Regional President Southwest

Name: Marilyn Quesnel, Unit 289

Address: 951 Thermal Ave San Diego, Ca 92154

Phone: (619) 830 - 9462

Email: mnmque@aol.com

Regional Vice President Southwest

Name: Jo Anne Dougherty, Unit 289

Address: 560 5th St Imperial Beach, CA 91932

Phone: (619) 857 - 5939

Email: j.dougherty@cox.net



Ladies Auxiliary of the Fleet Reserve Association Southwest Region

NEWS LETTER No. 1 - 2022-2023

Regional President Southwest Marilyn Quesnel

❖ **Southwest Regional Officers continue:**

Regional Secretary Southwest

Name: Linda Mowry Unit 289

Address: 534 5th St Imperial Beach, CA 91932

Phone: (619) 429 - 6459

Email: iblindam@cox.net

Regional Chaplain Southwest

Name: Shirley Ferrill NC Unit 61

Address: 2712 E 14th St National City, CA 91950

Phone: (619) 267 - 2516

Email: shirleyazf36@gmail.com

Regional Parliamentarian Southwest

Gail Doloway, PNP, Unit 289

3897 San Andres Ave, Las Vegas, NV 89121-6122

Phone: (702) 451 3355

Email: gaildo@embarqmail.com

Regional Junior Past President Southwest

Georgina R Hermes, Unit 61

678 Floyd Ave Chula Vista, CA 91910-6427

Phone: (619) 421-7400

Email: ghermes3@cox.net

❖ **2021-2022 Unit Report Winners, August 23, 2022, Las Vegas NV Regional Convention**

Hospital - 1st Place Group III Unit 163

Welfare - 1st Place Group II Unit 302

Unit Reports - 1st Place Group 1 Unit 61, Group II Unit 302, Group III Unit 163, 2nd Place Grp1 Unit 289

Youth Activities 1st Place Group 1 Unit 289, Group III Unit 163

Unit Activities - 1st Place Group 1 Unit 289, Group II Unit 302, Group III Unit 163

Americanism - 1st Place Group 1 Unit 289, Group II Unit 302, Group III Unit 163

Publicity - 1st Place Group 1 Unit 289, Group II Unit 302

The 2023 Southwest Regional Convention location has not been determined at this time.

National Business:

- ❖ LA FRA (National) website is <http://la-fra.org>. This is where downloads are available for: Forms, National contact information, Unit Organization procedures, National Constitution and By Laws (C BL) and Standing Rules. To download the FRA Today Magazine, go to WWW.FRA.ORG.

❖ **Congratulations to 2022-2023 National Officers:**

National President: Nadine Fulton PNVP

National Vice President: Veralyn Thomas

National Executive Secretary: Laurie Starkey



Ladies Auxiliary of the Fleet Reserve Association Southwest Region

NEWS LETTER No. 1 - 2022-2023

Regional President Southwest Marilyn Quesnel

National Officers continue:

National Financial Secretary: Brenda Horton
National Treasurer: Carolyn Whitaker PNP
Jr. Past National President: Pat Suckow

Their contact information is on the LA-FRA Website, under FORMS: 2022-2023 Who, What, and Where

❖ The 2022-2023 National Presidents project is “Warrior Foundation Freedom Station”
— Assisting, honoring, and supporting those that have bravely served our country by supplying them with quality-of-life items, support services and transitional housing. For more information go to www.warriorfoundation.org

❖ The 2022-2023 National Vice President Membership Project is “Growing Our Membership”
— First, concentrate on maintaining the members that we have and then work to increase the membership one member at a time. Most Units know there is a problem with membership, we also know that this is an ongoing issue over many years.

❖ Awards, National: Congratulations to the following Southwest Region Units:

UNIT REPORTS WINNERS:

Group 1 – 3rd Place UNIT 61, Chula Vista

Group 2 – 3rd Place UNIT 302, Carson

❖ ALL STAR RECRUITER OF THE YEAR* CONGRATULATIONS TO:

UNIT	NAME	REINSTATES	NEW	TOTAL	AMOUNT
289	Imperial Beach	23	22	45	\$50.00
61	Chula Vista	11	18	29	\$25.00

❖ The 2023 National Convention will be held at Sparks, Nevada, Nugget Casino. September 24th-30th 2023, The hotel provides free shuttle service to and from the Reno/Tahoe Airport

❖ The 2023 Pilgrimage hotel location has changed to Westin Hotel Old Town Alexandria, 400 Courthouse Square, Alexandria, VA, Phone 703 253 8600 [Dates and contacts to follow](#)

Please share & read this important message from our National Parliamentarian at your meeting. Important to know about Mandated changes in membership.

From the Desk of the National Parliamentarian:

At the Convention in Birmingham this past October 16-22, the FRA National Board of Directors and subsequently, the delegates voted to make changes to the Auxiliary C&BL, Article 3 Section 301 (a). This is a Mandate which took effect immediately at the close of the Convention (10/22/2022). The letter from the FRA reads:

“The FRA National Board of Directors have proposed, debated, and approved the following directives for the National Auxiliary action:

(1) FRA membership eligibility from the Charter of the Organization had to meet the following requirements:

- 1925 – USN, USMC Enlisted Male personnel that were transferred to the Fleet Reserve
- 1970 – Career designated Enlisted USCG and USN, USMC and USCG women personnel
- 1975 – All Active Duty Enlisted Sea Service (USN, USMC, USCG) personnel from 1st day of enlistment
- 2005 – Former Enlisted USN, USMC and USCG personnel not discharged with a Bad Conduct Discharge or Dishonorable Discharge



Ladies Auxiliary of the Fleet Reserve Association Southwest Region

NEWS LETTER No. 1 - 2022-2023

Regional President Southwest Marilyn Quesnel

(Nat,l Parliamentarian Message Cont,d)

(2) Sponsorship as it pertains to eligibility in the LA FRA must meet one of the criteria listed in paragraph (1) and the information must be verified to be after the listed dates on the proposed Sponsor's DD214." Therefore, C&BL Article 3 Section 301(a) will now read: Section 301(a). ***Membership in the LA FRA shall be limited to spouses, parents, grandparents, sisters, brothers, children, stepchildren, and grandchildren not less than sixteen years of age of members of the FRA and widows, widowers, parents, grandparents, sisters, brothers, children, stepchildren, and grandchildren not less than sixteen years of age of persons who were members at the time of death or eligible to be members of the FRA at the time of death after***

-
1925 – USN, USMC Enlisted Male personnel that were transferred to the Fleet Reserve
- 1970 – Career designated Enlisted USCG and USN, USMC and USCG women personnel
- 1975 – All Active Duty Enlisted Sea Service (USN, USMC, USCG) personnel from 1st day of enlistment
- 2005 – Former Enlisted USN, USMC and USCG personnel not discharged with a Bad Conduct Discharge or Dishonorable Discharge If the sponsor is still alive, they **MUST** be current members of the FRA. If the sponsor is deceased, the dates above **MUST** be verified using his/her DD214 (you **CANNOT** keep or copy the DD214).
Applications **MUST** be signed by the person in the Unit responsible signifying that the applicant AND sponsor have been vetted.

The NFS will return any forms that do not meet ALL the above criteria. If you have any questions, please feel free to contact me: 328cmrt@gmail.com or (508) 238-3607.

In Loyalty Protection and Service,

PNP Cindy Rodham Tuck National Parliamentarian 2022-23

❖ **Regional Vice President Message:**

Thank you to the members of the Southwest Region who elected me as Regional Vice President at our August Convention. My duties as Regional VP include contacting members whose dues have lapsed. It has been a pleasure speaking with several members and their responses have been positive. Maintaining our members and recruiting new members is vital to our organization. The rules for eligibility have changed and clarification is in the process. Our National President Nadine Fulton and National Parliamentarian Cindy Rodham-Tuck will address this issue with the FRA and will bring that information to us. Remember it's been said many times, many ways: keep your membership current. Throughout our Region LAFRA members are volunteering hundreds of hours to support the FRA and other causes. This time of year many Units are hosting Christmas parties for children, donating to Toys for Tots, and serving meals for those in need. All these activities are so worthwhile and appreciated by the community. Wishing all Happy Holidays and Happy New Year!
Jo Anne Dougherty
Regional VP Southwest

❖ **Southwest Unit and Member Recognitions:**

Keep the region up to date on Unit activities and Member recognition by emailing or phone call to LA FRA Regional President Southwest and Vice President Southwest, take pictures to be included in future Southwest newsletters. Also, to inform our Regional Chaplain on members who need prayers or member had passed away.



Ladies Auxiliary of the Fleet Reserve Association Southwest Region

NEWS LETTER No. 1 - 2022-2023

Regional President Southwest Marilyn Quesnel

❖ LAFRA RPSW (TENTATIVE) VISITS SCHEDULE:

UNIT	DATE	MEETING	TIME	PLACE
61	2/8/2023	2 nd Wednesday	5:00	288 Third Ave C.V. 91910
84	2/11/2023	2 nd Saturday	1:00	2926 Market St S. D. 92102 FAVA HALL
163	3/11/2023	2 nd Saturday	1100	804 E. Purdue Av Phoenix, AZ. 85020 VFW 9400
70	4/5/2023	1 st Wednesday	7:00	14231 Garden Rd Poway 92064
302	6/4/2023	1st Sunday	1:00	22400 Moneta Av Carson 90745 VETS Park
289	6/14/2023	2 nd Wednesday	7:00	659 Silver Strand Blvd 91932 I.B. CA 91932

- ❖ Join us as we bring in the New Year 2023!! At Club 289 659 Silver Strand Blvd. Imperial Beach CA 91932 PH 619 429 3485

\$45.00 Per person if purchased before Dec. 15

\$50.00 Per person if purchased after Dec. 15

Ticket Purchased Includes:

Dinner, Champagne toast at midnight, Party Favors, and Light Breakfast.

Entertainment: COPYCATS BAND

Happy Holidays, wishing you all Health, Happiness, and Prosperity this Holiday Season and in the Year to Come.

Yours in Loyalty, Protection and Service,
Marilyn Quesnel RPSW



Pearl Harbor Remembrance Ceremony 12/7/2022

L-R : Roseanne Kramlich Unit 289 Pres. Marilyn Quesnel RPSW, John Quesnel PRP, Kathy Bourke FRA lifetime member, Joyce Semenza



Unit 289 Annual Kids Christmas Party. Kitchen volunteer L-R: Cathy Clamp, Maureen Demby, Joanne Dougherty RVPSW, Linda Mowry, NP Nadine Fulton, PNP Mick Fulton (no Pics) Rebecca, Marilyn Quesnel RPSW, Geena Bauza, Deanna Lewandowski, Richard Mowry (Santa Clause) Joyce Zemenza, Diane Long (Mrs Clause) Pics by Cricket Clowry 12/22