



# THE TRIANGLE

Ladies Auxiliary of the Fleet Reserve Association  
December 2019 Edition

**2019-2020**

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**Membership Services  
Administrator transferred to  
Office of the National  
Financial Secretary**

LA FRA  
104 Berkeley Square Lane  
PMB #183  
Goose Creek, SC 29445

**Contact NES Vera  
if you need addresses.**

www.la-fra.org

*From the Desk of the National President*

Greetings, it is that beautiful time of the year, when people share joy, blessings and traditions. A time for our units to spread goodwill within their community through donations of food baskets and clothing; visiting the elderly at their homes, senior care centers and hospitals; gathering items and goodies to be boxed for overseas service personnel; and all the other things that our unit members do when they give of their time to bring comfort and joy. Thank you to all the units that are sharing blessings and touching hearts. May we all carry the spirit of this special time of the year throughout 2020.

During the month of December my intentions are to visit a few units in the Southwest Region as well to visit Unit 46 Hawaii with our National Parliamentarian PNP Gail Doloway. The tradition of the LA FRA being present at the Pearl Harbor Remembrance Day December 7th at Honolulu, HI will occur this year. FRA National President Donna Jansky and I are attending the "Blackened Canteen" Ceremony on Friday December 6<sup>th</sup>.

On October 26, I attended the interment services for 32 unclaimed veterans at the Marana National Cemetery; it was a beautiful ceremony of honor. What was disturbing, a veteran from another organization stopped me and said "Thank you", he remembers when our Tucson Unit used to bring cookies and things, I was sad that I had to tell him we no longer have a unit and a branch in Tucson. This brings me to our National Vice President's campaign for membership growth. It is very important that we work together through sharing ideas and support to strengthen our units, to reinstate and recruit members, not only for our units but to support our branches. As our FRA National President said "We are so much stronger working together!!" It is exciting that a few units in the East Coast are really getting on "fire," the region is working on putting together "recruitment kits" that units can use and working on public media exposure. As I learned at the Marana services, people remember us and were grateful we did make a difference. Let's carry on the blessings we are sharing this season, share the joy by bringing in more members throughout the year to help us make a difference. To help other units and branches be stronger to survive and continue our 'Traditions' of giving and honoring those that serve.

May healing come to those that are experiencing physical and emotional challenges; and congratulations to those that are having anniversaries, birthdays, or any other blessed special event. May we all walk in peace with joy in our hearts and be proud of who we are and what we do for our veteran community. The year 2020 will be an awesome year for growth, healing and strength.

In Loyalty, Protection and Service  
Bea Parco  
National President  
Ladies Auxiliary of the Fleet Reserve Association



*At National Convention a Regional Cap - North Central - had been misplaced.  
Please contact NES Vera Thomas if you have found it."*

LA FRA Regional Presidents – 2019-2020

NE/NEng Regional President  
Cindy Rodham-Tuck PNP (Unit 42)  
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EC Regional President  
Cristina Dixon (Unit 4)  
Lafraecrpresident@gmail.com

SE Regional President  
Gale Nathan (Unit 269)  
gale.nathan19@yahoo.com

NC Regional President  
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SC Regional President  
Gini Larson PNP (Unit 94)  
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NW Regional President  
Terri Johnson (Unit 29)  
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WC Regional President  
Brenda Horton (Unit 137)  
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SW Regional President  
Nadine Fulton PRPSW (Unit 289)  
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IN LOVING MEMORY OF OUR DEPARTED MEMBERS



National Presidents



Other National/Regional Officers



Members

Evelyn Cabrera	Elaine Ebarb	Ruth Reinecke
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Membership Statistics

Members	Reinstated	New	Tran In	Tran Out	Resigned	Non-Pymt	Deceased	Ineligible	Other	Active Members	
1-Apr	5866	152	385	79	78	0	529	60	2	0	5813

😊 *Congratulations to Kazuko Schnaible on the receipt of her 50 year pin.* 😊

Mail all membership applications or dues payments to:

LA FRA,  
104 Berkeley Square Lane,  
PMB #183,  
Goose Creek, SC 29445

**Do Not Send Cash. Checks/Money Orders Must Be Made Out To LA FRA**

Donations

*NP Project 2018-2019*  
Unit 269

*LA FRA Scholarship*  
Unit 269

Unit 230 - in memory of Ruby Patton

*National Presidents Scholarship*

Unit 94 - in memory PRP Terry Merten

Unit 94 - in memory of PNP Jim Scarbro

No one is so old that he does not think he could live another year. Cicero



Thank you for giving me the opportunity to serve as the National Vice President and Chairman of the National Membership and Retention Committee. I look forward to working with the Regional Vice Presidents, who serve as members of this committee. The goal will be to increase the visibility of the Auxiliary and encourage new membership.

Annual Unit Reports indicate that a tremendous amount of civilian and military community service projects are supported by the auxiliary with donations of goods and providing assistance with welfare projects, youth group support, patriotic events, and working with Veteran Organizations and VA Hospitals. We work within the community and for the benefit of FRA members and their families.

The Auxiliary membership's projects are always appreciated by the recipients but fail to receive deserving recognition. We must publicize our activities to let the civilian and military communities know "Who We Are and What We Do".

Together we can take action to expand the methods of advertising, promoting the mission and accomplishments that will identify our generosity, dedication and the incredible work of our membership.

Please share pictures and information of the Unit's events by sending pictures to NES Vera Thomas, [aquaspacev@aol.com](mailto:aquaspacev@aol.com) to be included in the Triangle on face book, website, emails, newsletters etc.

Members should stress to the families of FRA members how their membership supports the unit as 50% of their dues are received by the unit to support the community service projects. It is understandable that all members cannot attend meetings due to their schedules, work, children etc. but their support counts. The larger the membership numbers of the Auxiliary and the Fleet Reserve Association the louder the voice of the FRA when presenting legislative initiatives on the Hill.

My 2019 – 2020 membership project is the "Super Star Recruiter Award". A beautiful Gold Star Pin will be awarded to the first 100 FRA or Auxiliary members recruiting or reinstating three or more Auxiliary members and becoming a SUPER STAR RECRUITER for the auxiliary. Every member is challenged to RECRUIT 3. Attached is the Who We Are and What We Do, brochure that may be used to promote the Auxiliary of the FRA.

## **Auxiliary of the Fleet Reserve Association dba**

### **Who We Are**

**Organized in 1930, the Ladies Auxiliary of the Fleet Reserve Association (LA FRA) is chartered to aid, assist and promote all matters pertaining to welfare, social, and patriotic works of the Fleet Reserve Association, its members and their families. There are LA FRA Units located throughout the United States and the Philippines. There is also a Membership-at-Large (MAL) roll administered by the LA FRA National Offices, for those who do not have access to, or do not desire to join a Unit. The LA FRA is proud of the heritage and traditions of this great nation and we recognize the sacrifices, past and present, needed to keep us strong and free.**

### **What Do We Do?**

**The LA FRA plays an active role in the local community by promoting youth activities, Americanism programs, and charitable causes. At the national level, LA FRA funds four annual scholarships and was a major contributor to the building of our nation's Navy Memorial, located in Washington, D.C.**

**LA FRA Units sponsor and assist local communities with their memorial ceremonies and patriotic events. They also participate in social events such as dances, luncheons, picnics and fund-raising activities. Annual Regional and National Conventions, Caucuses, workshops, convention tours, shows and dinner/dances round out many exciting activities available to LA FRA members.**

### **Who Can Join? *All applicants must be at least sixteen (16) years of age.***

**Membership in the Ladies Auxiliary of the Fleet Reserve Association is limited to spouses, parents, grandparents, sisters, brothers, children, stepchildren and grandchildren not less than 16 years of age of members of the Fleet Reserve Association and widows, widowers, parents, grandparents, sisters, brothers, children, stepchildren and grandchildren not less than 16 years of age of persons who were members at the time of death or eligible to be members of the Fleet Reserve Association at the time of death.**

### **How Can I Join?**

**LA FRA members fall into two categories: Members who belong to an LA FRA Unit or Members who do not belong to any LA FRA Unit but join as "Members-at-Large."**



# Newsletter #1



Greetings Shipmates and  
Auxiliary members



The 2020 National Convention is being hosted by the Northwest Region, Fleet Reserve Administration.

Portland, Oregon has been selected as the site for the 2020 National Convention by the National Committee. The hotel selected is the Sheraton Portland Airport Hotel, 8235 NE Airport Way, Portland, OR 97220. The dates are 27 September – October 4, 2020. **Their phone number is 503-281-2500.**

**Be sure to mention "Fleet Reserve Association".** The online reservation feature will be sent out in the next newsletter.

Room rates are \$112 per night (without breakfast) plus 15.3% hotel tax. Room rates apply for up to three days prior and three days following the convention dates. The cut-off date for the block of rooms will be held until Tuesday, September 1, 2020. Reservation requests received after 5:00 pm local time at the hotel on the cut-off date will be accepted based on guest room availability at the Group rate.

There is on-site complimentary self-parking. Complimentary airport transportation to and from the hotel and within a five-mile radius of the hotel.

## 2020 National Convention Committee

FRA Chair  
FRA Co-Chair  
LAFRA Chair  
LAFRA Co-Chair  
Ceremonies  
Financial Officer  
Secretary/Treasurer  
Journal  
Meals  
Raffles & Auction Coordinator

PRPNW Pete Lazzaretti  
PRPNW Margret "Peg" Burke  
PNP LAFRA Doris Fri  
JrPNP Christina Murray  
PNP John Ippert  
RPNW Bill Hall  
PRPNW Margret "Peg" Burke  
S/M Sarah Andrews  
JrPRPNW LAFRA Rose Hall  
RPNW Bill Hall

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[fra.nwregion@gmail.com](mailto:fra.nwregion@gmail.com)  
[doriscfri@gmail.com](mailto:doriscfri@gmail.com)  
[christinamurray.lafra@gmail.com](mailto:christinamurray.lafra@gmail.com)  
[mcpojdi@hawaii.rr.com](mailto:mcpojdi@hawaii.rr.com)  
[eaglesnest1048@gmail.com](mailto:eaglesnest1048@gmail.com)  
[fra.nwregion@gmail.com](mailto:fra.nwregion@gmail.com)  
[office@frabranch18.org](mailto:office@frabranch18.org)  
[teter1951rh@gmail.com](mailto:teter1951rh@gmail.com)  
[eaglesnest1048@gmail.com](mailto:eaglesnest1048@gmail.com)

LA Credentials Chairman  
Chris Drew  
[cnd55444@yahoo.com](mailto:cnd55444@yahoo.com)

LA FRA Registration Chairman  
Carol Sayles  
[CarolSayles@msn.com](mailto:CarolSayles@msn.com)

***Position available: Office of National Financial Secretary (NFS) will be open for the 2020-2023 term***

A candidate for this office needs to be self-motivated; detail oriented, fully committed to the duties assigned, and most important be a team player. Be able to use Microsoft programs Excel and Word. Any member in good standing interested in this office should review the LA FRA C&BL (especially Article 8, Section 809) and Standing Rule 18 for information about the duties of the office. Remember the duties of the Membership Service Administrator were transferred to the office of the NFS. If you are interested in the Office of Financial Secretary there is a manual for the office, if you would like to receive a copy of the manual please contact NES Vera Thomas. Think of it as your next 'new' job as with any new job you should research the position so contact Past National Presidents/Officers and ask questions, you will not be the first person to ask questions and hopefully you will be in a position to help others when they ask you the same questions.

'Triangle' publication of nominating resolutions follows a set protocol. This year it goes: First, the Candidate for National President puts in a Resolution, followed by the Candidate for National Vice President, followed by the Candidate for National Financial Secretary. The Resolutions will be published in the Triangle in the proper order when received. The candidates may send their resolution to all Units soliciting the Unit's endorsement. Please be sure the resolution is in the proper format and signed by the appropriate persons. There are past National Financial Secretaries that have the answers to the questions after all they made the same decision that you will make. Dedicated members willing to step up and assume a leadership role will help to continue the LA FRA's mission 'to aid, assist and promote in all matters pertaining to welfare, social and patriotic work, for the benefit of the Fleet Reserve Association, its members and their families.'

With the membership award information fresh in your mind from last month's Triangle, now is a good time to start the quest for your Unit's Membership Award. This is a 'Unit with the highest increase in membership of each group' award for the highest gain in membership. While helping your unit gain members, you could be recognized for an individual recruiting membership pins.

**Membership Awards** - current membership year is 1 April 19 thru 31 March 20. (*See LA FRA SR-4 for complete information*) - A Membership Award shall be presented each year to the Unit, which is highest in membership gain.

**Membership Cash Award** - An award of fifty dollars shall be given to the Unit of each group which has made the highest gain in membership during the current membership year.

**Gold Membership Pins** - Any member of the LA FRA or of the FRA who obtains ten new or reinstated members for the LA FRA shall be presented with a Gold Membership Pin. A guard inscribed with the figures 1, 2, 3, 4, etc. indicating recruitment of each additional twenty five new or reinstated members since 1 July 1964, may be awarded by any Unit of the LA FRA without charge to Units or individuals.

**Silver Anchor Award** - Any member of the FRA or the LA FRA who obtains fifty new or reinstated members for the LA FRA after 20 September 1976 shall be presented with a Silver Anchor pin, a Silver Anchor certificate and a letter of commendation signed by the National President. *Remember, with each new member in the Branch or the FRA MAL listing, you may find a family member to recruit to the LA FRA.*

**FRA AWARDS (Refer to FRA C&BL, Article 3, Section 311 for complete information)**

**The National President's Membership Club** - A FRA or LA FRA member who obtains one new active duty member of the U.S. Navy, Marine Corps, and Coast Guard will receive a Navy, Marine Corps and Coast Guard pin respectively. Any member of the FRA or LA FRA, who obtains two additional new FRA members, will be presented with The National President's Membership Club Pin.

**Gold Lapel Button Award** - A LA FRA member who obtains ten new or reinstated members for the FRA shall be presented with a Gold Lapel Button of the FRA and a Letter of Commendation signed by the National President.

**Silver Pendant Award** - Recruitment of each additional twenty-five new or reinstated members may be awarded by any Branch of the FRA, will receive a pendant in lieu of a Gold Lapel Button.

**Silver Anchor Squadron Award** - A FRA or LA FRA member who obtains fifty new or reinstated members for the FRA after 13 September 1974 shall be presented with a Silver Anchor Squadron Award Pin, a Silver Anchor Squadron Certificate, and a Letter of Commendation signed by the FRA National President.

## National Convention 2019 Memphis TN



2020

Jan	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Feb	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29		
Mar	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Apr	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
May	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Jun	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
Jul	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Aug	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Sep	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
Oct	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Nov	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
Dec	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

### 2020 Events to Remember:

**LA FRA Pilgrimage, April 25, 2020:** Sheraton Pentagon City Hotel, 900 South Orme Street, Arlington, VA 22204, 703-521-1900, Rate \$139 Plus tax and feed. Reservation Code "LAFRA". Hotel reservation cutoff date is March 31, 2020. Convention Chairman: Debra Washington PRPEC.

**National Convention Portland Oregon:** FRA 93<sup>rd</sup> and LA FRA 88<sup>th</sup> September 27 to October 4, 2020 at the Sheraton Airport Hotel.

*A reminder for Unit and Regional Presidents/Secretaries/Treasurers*

The 990-N should be filed within 90 days after the end of a Unit or Regional Administrative Year. Please keep a hard copy for your records in the event of a computer failure and make sure you can maintain access to the IRS Web-link. To verify the 990-N has been accepted, use this link: <https://apps.irs.gov/app/eos>

*Christmas Lesson*

Christmas is a special time  
To give, to serve, to love.  
It isn't just about yourself,  
But others that you think of.

The presents, the trees, the glowing lights  
Are fun but have no part  
In what the real meaning of Christmas is...  
That is in your heart.

Even if other people don't,  
You should try to do  
The things that you would want  
Them to do to you!

The holidays are a busy time,  
But they are sometimes good  
Because they keep you thinking  
About others like you should.

So this year, try to not think about yourself,  
But think of the things you can do  
To help others have a wonderful Christmas,  
And you will find that you will be happy too.

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<https://www.familyfriendpoems.com/poem/christmas-lesson>

