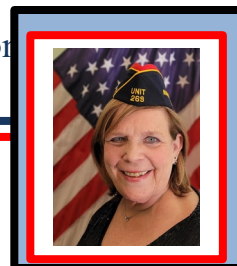




THE TRIANGLE

Ladies Auxiliary of the Fleet Reserve Association
December 2021 Edition



2021-2022

National President

Pat Suckow
843-452-4719
psuckow106@gmail.com

National Vice President

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Margaret Horvath
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National Parliamentarian

Christina Murray
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Website: la-fra.org

NES Vera Thomas if you need
addresses - -

For Membership and Auxiliary
Supplies Contact:
LA FRA NFS P.O. Box 3037
Carson City, NV 89702

Auxiliary Members:

I would like to express my gratitude and thank everyone of you for a remarkably successful National Convention. It was a beautiful ceremony, and I felt the love all around which made it the most memorable day for me.

On November 11th FRA NP Jim Campbell and I had the honor of placing a wreath at the Tomb of Unknown Soldier at Arlington National Cemetery.

The holiday season is upon us and a time to celebrate with family. It is also a time to remember the attack on Pearl Harbor. A surprise military strike on the United States Territory of Hawaii just before 08:00 on Sunday morning December 7, 1941. FRA NP Jim Campbell and I had the honor of attending the Pearl Harbor Remembrance ceremony and placing a wreath at the USS Arizona Memorial in Phoenix, AZ. In attendance was FRA JrPNP Mick Fulton, JrPNP Jackie Scarbro, PNP Bea Parco, and NFS Brenda Horton.

Wreaths Across America which coordinates wreath laying ceremonies on a specified Saturday in December at Arlington, as well as Veterans Cemeteries and other locations in all fifty states and beyond. Members participate in placing wreaths on Veterans graves to remember those who have served our country to keep us free.

Christmas is a time when families often come together, particularly when a member is deployed, to form a dedicated support system that lifts spirits and builds emotional strength in a time of uncertainty. Please remember those who are less fortunate and alone this holiday season, by connecting with friends and families. A time to experience the warm Christmas spirit and fun-filled holidays, growing various traditions throughout each holiday season. Ideas for traditions include: a countdown calendar, a neighborhood light tour, Christmas Eve pajamas, cookie parties, ornament decoration, and holiday parades. Even the smallest tradition can provide a family with a valuable pillar of hope and comfort during the holidays. Remember to share your units' pictures and special projects by sending them to NES Vera Thomas for publication in the Triangle. For the website, all communication and Publicity sent to Chairman PNP Doris Fri. We would like to see all our members recognized and to share your ideas with other members.

Members have asked what my goals for the year are. First priority is to increase working communication between the Region and Units with communication we will be successful. Second is to ensure that the Region and Units have up-to-date LA FRA information. Third that I feel confident that we can work together as one with the help of the FRA to make this Auxiliary strong again.

Wherever you are and whatever you celebrate, I wish you peace and love this holiday season and in the coming year. Happiness to all celebrating a birthday, an anniversary, or a special occasion. To those who are ill, hope you will soon be well. To those who have lost a loved one my deepest sympathy and prayers are with you.

In Loyalty, Protection and Service
Pat Suckow
National President 2021-2022

| Region | 1-Apr | REINST | NEW | TI | TO | Resigned | NonPymt | Deceased | Ineligible | Other | Active Mbrs |
|---|-------|--------|-----|----|----|----------|---------|----------|------------|-------|-------------|
| NE/NEng | 159 | 3 | 6 | 0 | 13 | 0 | 17 | 1 | 0 | 0 | 137 |
| EC | 1511 | 58 | 155 | 8 | 7 | 0 | 88 | 15 | 0 | 0 | 1622 |
| SE | 1092 | 49 | 79 | 2 | 2 | 0 | 117 | 11 | 0 | 0 | 1092 |
| NC | 135 | 1 | 6 | 1 | 0 | 0 | 12 | 3 | 0 | 0 | 128 |
| SC | 263 | 6 | 10 | 4 | 0 | 0 | 32 | 2 | 1 | 0 | 248 |
| NW | 385 | 40 | 55 | 3 | 35 | 0 | 64 | 2 | 0 | 0 | 374 |
| WC | 373 | 8 | 17 | 14 | 0 | 0 | 25 | 7 | 0 | 0 | 380 |
| SW | 769 | 41 | 25 | 1 | 0 | 0 | 59 | 10 | 0 | 0 | 767 |
| MAL | 347 | 1 | 1 | 28 | 4 | 0 | 10 | 5 | 0 | 0 | 358 |
| <i>National Membership Statistics - 30 Oct 2021</i> | | | | | | | | | | | |
| | 5034 | 207 | 346 | 61 | 61 | 0 | 424 | 56 | 1 | 0 | 5106 |

IN LOVING MEMORY OF OUR DEPARTED MEMBERS



National Presidents



Other National/Regional Officers



Members

| | | |
|---------------------------|----------------------------|-----------------------------|
| Joan Ellis PRPWC Unit 261 | Connie Ford PRPWC Unit 261 | Corazon Blancaflor Unit 4 |
| Ines Caridad Unit 4 | Jean Persinger Unit 24 | Ruthe O'Shaughnessy Unit 31 |
| Evie Greene Unit 40 | Dorothy Evans Unit 60 | Frances Hayes Unit 60 |
| Jennie Howard Unit 60 | Lillie MacDuff Unit 61 | Mary Hobbs Unit 85 |
| Dorothy Gaskin Unit 91 | Wilma Stanley Unit 91 | Bobbie Hamilton Unit 94 |
| Janet Heller Unit 124 | Hazel Godager Unit 137 | Gloanne Sullivan Unit 161 |
| Lois Fisher Unit 216 | Judy Hutchison Unit 269 | Sheila Dale Unit 294 |
| Doris Holcomb MAL | Mary Hubbard MAL | Marilyn Krick MAL |
| Janet Rabosky MAL | | |

Donations

National President Project 2021-22

Unit 40

General Fund Donation

Unit 93
Bruce Talbot PRPNC
Sale of Ring Balls

LA FRA Scholarship

USS Steinaker Reunion Assn
in memory of Carolyn Combs

Welfare

LA FRA Cookbooks

“The things that make me different are the things that make me, me.—Piglet



From the desk of the National Vice President Nadine Fulton

Thank you for electing me as your Vice President. I am so proud to represent the members of this very worthwhile organization. We have a lot of catching up to do now that COVID is allowing us some freedom once again. As in the past, membership and communication are top priorities.

I was so happy to get together with everyone that attended our National Convention in Spokane Valley, what a beautiful part of the country! I'm hoping we have more people next year in Birmingham as the more the merrier! We always have so much fun; it is important to make those connections at our meetings. Teamwork is crucial to success.

As everyone knows, membership is an ongoing concern with the LA FRA. It is what keeps us going and finances the organization. Some units continue to work hard to keep their members, but some just don't have the resources to promote the organization and slowly fail. We need to help each other to succeed.

External communication and keeping the LA FRA relevant to our communities is crucial in recruiting new members. Our responsibility to foster support to those who need us is important and shows that we are an organization worth being a part of.

Sponsorship of children's sports teams, schools, local YMCAs, or Scouts is a great way to show support. Wear your LA FRA logo items around town for brand recognition. For those that have Instagram and Facebook accounts, post everything you do for the LA FRA while other members need to share the posts! Check out our LA FRA National Facebook page for ideas.

During COVID we lost a good percentage of our membership because meetings were not being held. Some felt that without the connection that they needn't bother to renew their membership. This was especially true for Branch homes with a club. Please be sure to contact those individuals as soon as possible.

I'm still working on incentives and awards so I'll be sending out more information in future issues for details.

Unit Vice Presidents need to stay in contact with your Regional Vice President to compare notes about contacting members on the 30/60/90 membership lists. We can't help if you don't communicate. On the other hand, we don't want a member to feel like they are being pressured. Stay safe and enjoy life my LA FRA family!

Yours in Loyalty, Protection and Service
Nadine Fulton

NOMINATING RESOLUTION

LADIES AUXILIARY, FLEET RESERVE ASSOCIATION

National President, 2022-2023

National President, 2022-2023

Nominating Resolution

WHEREAS, it is the duty and responsibility of the delegates assembled at the 89th National Convention of the Ladies Auxiliary of the Fleet Reserve Association to be held on October 16-22, 2022, in Birmingham, Alabama, to elect a dedicated, experienced, knowledgeable and respected member to serve in the office of National President, for the Association Year 2022-2023; and

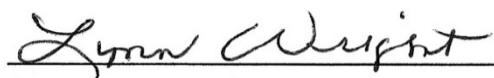
WHEREAS, it will be the duty and responsibility of the delegates to elect a member who continues to demonstrate leadership, integrity, knowledge, and dedication of the three cardinal principals of Loyalty, Protection and Service to the Auxiliary members, and their families, and to the Fleet Reserve Association and

WHEREAS, Imperial Beach Unit 289, Imperial Beach, California is proud to have within its membership a member, Nadine Fulton, who has been a member of the Ladies Auxiliary of the Fleet Reserve since 2007, and demonstrated the required qualifications as well as the dedication and willingness to serve the Ladies Auxiliary of the Fleet Reserve Association by practicing the three cardinal principles; and

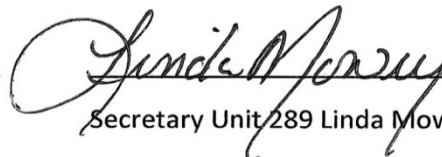
WHEREAS, this member has served at the Unit level as President, Jr. Past President and Board of Directors several times, and was part of various committees. Ms. Fulton has served as Regional President for three years and attended sixteen Regional Conventions. She has also attended ten National Conventions, served as National Treasurer for eighteen months and is currently serving as National Vice President; and

RESOLVED, that the members of Imperial Beach, Unit 289, Ladies Auxiliary of the Fleet Reserve at a scheduled meeting held on November 10, 2021, a quorum being present did unanimously and proudly place the name of Nadine Fulton, in nomination for the office of National President of the Ladies Auxiliary of the Fleet Reserve Association, for the Association year of 2022-2023 and be it further

RESOLVED, that Imperial Beach, Unit 289, earnestly solicits the support and endorsement of each unit in the Ladies Auxiliary of the Fleet Reserve Association for the candidacy of Nadine Fulton, for the office of National President for the Association Year 2022-2023



Auxiliary President Unit 289 Lynn Wright



Secretary Unit 289 Linda Mowry

2021 Veterans Day Tomb of the Unknown Soldier - Arlington National Cemetery



The Tomb of the Unknown Soldier's centennial was marked on Veterans Day with a unique ceremony at Arlington National Cemetery designed to model the original internment 100 years ago. The tomb represents all American military members who lost their lives whose names remain unknown. Over two days, a flower ceremony brought long lines of people to lay flowers at the tomb. It was the first time members of the public were welcomed onto the Tomb of the Unknown Plaza in almost 100 years.



On the left, LA FRA National President Pat Suckow and, on the right, FRA National President James Campbell placing the wreath at the Tomb of the Unknown.



On the left, LA FRA NP Suckow and, on the right, Brian Thacker former US Army officer and recipient of the Medal of Honor (The United States military highest decoration for valor.) for his actions in Vietnam.

National President's Project 2021-2022

Remember your gift doubles its impact to rescue a shelter dog and train it to serve and save a Warrior struggling to adjust to civilian life. K9s for Warriors is an American tax-exempt 501(c) (3) nonprofit organization. Please make your donation payable to LA FRA mail to NFS Brenda Horton P.O. Box 3037 Carson City, NV 89702.

Make your donation count!!!!!!!!!!!!!!

ATTENTION UNIT SECRETARIES

A REMINDER AND TIPS TO HELP YOU PREPARE THE FORM 990

Know the version of the Form 990 your Unit files
Assemble key information from Unit records
Know the Unit's deadline for filing
Ensure the Unit files the Form 990 for this year
It is *suggested* that the updated 990 information be sent to the National Treasurer

Each Region/Unit must have EIN Number
Banks/Credit Unions must have same name as on EIN letter
Bank/Credit Unions Accounts should have 2 signatures on transactions
Accounts should have 2 or 3 authorized signers
Checks should correspond to budgeted line item
All payments require a source document, drawn voucher and paper check

QUESTIONS: PLEASE CONTACT REGIONAL PRESIDENT OR NATIONAL TREASURER



On behalf of LA FRA NP Pat Suckow newly appointed National Chaplain Margaret Horvath, left, Unit 290 Atlantic Beach - Florida is presented the National Chaplain medallion by National Executive Secretary Vera Thomas, right, during the monthly meeting of Unit 290.



Unit 137 Sierra-Tahoe continues to deliver monthly homemade baked goods to the USMC Mountain Warfare Training Meadows (Toiyabe National Forest), CA to remind them of home and express our appreciation to those that serve our country

WC Regional Convention
Nadine Fulton National Treasurer;
Jackie Scarbro National President;
Brenda Horton, National Financial Secretary, PRPWC; Helen Courneya PNP, PRPWC; Pat Boudreaux PNP, PRPWC; Kelly Pena WCR President; Cherlita Dagang WCR Treasurer; Tina Pedersen VP WCR; and Amy Courneya WCR Secretary
WC Regional Convention. (names as received)



Branch and Unit 382

Best themed float in the 4th of July parade in Caldwell, Idaho



TRIANGLE – Dec 21
Ladies Auxiliary of the Fleet Reserve Association
2929 Bobcat Ct
Green Cove Springs, FL 32043-7014

NON-PROFIT
ORGANIZATION
U. S. Postage
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Middleburg, Florida

ADDRESS SERVICE REQUESTED

Everyone is invited to transfer their paper Triangle to an e-mail Triangle. Please return the below form with your e-mail address to NES Vera Thomas (2929 Bobcat CT, Green Cove Springs, FL 32043) or send an e-mail (that includes at least your name and your member number, if you have it handy, for a faster delivery method to aquaspacev@aol.com

REPORT OF CHANGE OF ADDRESS AND OR EMAIL ADDRESS FOR THE TRIANGLE

Date: _____ Member No: _____

Name: _____

Old email address: _____

New email address: _____

OLD ADDRESS

Street: _____

City, State, ZIP: _____

NEW ADDRESS

Street: _____

City, State, ZIP: _____

MAIL TO: Vera Thomas NES, 2929 Bobcat CT, Green Cove Springs, FL 32043-7014

Remember to also notify the NFS of any change of address: LA FRA, P.O. Box 3037, Carson City, NV 89702