



THE TRIANGLE

Ladies Auxiliary of the Fleet Reserve Association

December 2022 Edition

2022-2023

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NES Laurie Starkey if you need addresses

For Membership and Auxiliary Supplies
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P.O. Box 3037
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From the Desk of the National President

What a privilege to be able to attend the National Ceremony at Arlington Cemetery! By invitation, I accompanied FRA National President "Robbie" Robbins to lay a wreath at the Tomb on the Unknown. Honoring those that have served or are currently serving in our Armed Forces is the foundation of our organization. To those that gave some, and some that gave their all... we salute them. Nothing gives me greater pride than representing our organization in a crowd of those who have our same values and ethics in these United States.

While in Washington D.C., I visited FRA Headquarters and inventoried the LA FRA Archives. Among all the banners, altar cloths and charters of closed units, are photos displayed in Past National President's Memory books. Some are framed for a view of what life was like then. I don't think you truly see how long of a history this organization has until you see the pictures of the past. As I viewed these pictures from the 1930s, 1940s and 1950s, a feeling of responsibility overwhelmed me. Those individuals worked so hard to create the Auxiliary and the pride shows. How can we let this nearly 100 year old institution slowly fade away? How can we let our founding members down? Did they think we would still be carrying on their legacy 90 years later?

You can't really know where you are going until you know where you've been – Maya Angelou

We may not know what the future holds for us, but we have a common goal. Next time you recite the LA FRA Preamble, think about the thoughts and actions of our founding members. Are we fulfilling that dream that they had for our future? Are we here together "to aid, assist and promote all matters pertaining to the welfare, social and patriotic work for the benefit of the Fleet Reserve Association, its members and their families"? What are each of us doing to personally fulfill the goals set out for us?

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Thank you to Unit 24 in Annapolis for the wonderful hospitality during my visit. It was a beautiful day for sitting outside on the dock eating my fill of crab dip with a glass of wine!

I hope everyone had a wonderful holiday season. Condolences to those that have lost loved ones.

Until next year!

Nadine Fulton, National President



Members attending the First LAFRA National Convention from September 7 to September 9, 1931 in Philadelphia, Pennsylvania



From the Desk of the National Vice President

Thank you for electing me National Vice President. Having held the Office of National Executive for three years has been interesting, fun, and a learning experience. Moving up to the Office of National Vice President will add another level of learning.

My project is 'Growing Our Membership.' First, concentrate on maintaining the members that we have and then work to increase the membership one member at a time. Most units know there is a problem with membership, we also know that this is an ongoing issue over many years.

What are the biggest challenges in maintaining our membership? 1- moving and not providing the Unit with an address change, this is also a 'returned email address' and 2- forgetting to renew their dues.

Keeping in contact with our members using postal or email newsletters may help members know who to contact about their dues. When a member moves to be close to family or is not computer literate the contact is lost, especially when not attending meetings.

We need to work together to remind members that they are appreciated and that we would appreciate being advised when they move and to remind their family that they are a member of the LA FRA.

One way is using USPS more frequently send a Christmas card or a Valentine card or something every couple of months. The advantage of a first-class mailing instead of a post card is that you should get an address correction notice from the post office.

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How do you communicate with Unit members, when there is no address? The telephone is just as important as the mailing address, if the telephone is cellular than it probably moved with the member and you may be able to get an updated address. Hopefully, when you call the response is not 'disconnected', 'mail box is full' or when you look at the roster there is a blank space for a telephone number.

Since it is getting harder for most Units to be successful at recruiting, this year recruiting one new or reinstated member will be rewarded with a 'recruiting' pin. Good luck and may you have more than one success.

Yours in Loyalty, Protection and Service
Vera Thomas, National Vice President 2022-2023

From the Desk of the National Parliamentarian

In the last TRIANGLE, we provided the information about the mandate from the FRA regarding membership eligibility. Many questions have arisen in the meantime. NP Nadine is scheduling a conference call with FRA NP Robbie and FRA National Parliamentarian Marty to be sure we answer these issues accurately to avoid any confusion.

We are requesting that if you have any questions or concerns to please email NP Nadine and copy me. This way we will be able to address them in an organized way. Then we will be able to publish a list of frequently asked questions that have been verified by the FRA.

In Loyalty, Protection and Service,

Cindy Rodham Tuck PNP
National Parliamentarian

From the Desk of the National Chaplain

Having just returned from National Convention and hardly having time to even look through the National Chaplain resources, I have been asked to write this article.

First, I want to thank National President Nadine for appointing me as National Chaplain for 2022-2023. I am a member of LA FRA Unit 61, Chula Vista, CA. This is the second time I have had the honor and privilege of serving in this position. The first time was in 2003-2004. I have also been serving as Southwest Regional Chaplain for several years.

If you are serving as Unit or Regional Chaplain for the very first time – Congratulations! I hope you find it to be a worthwhile experience. If you are continuing in the position – Thank you!

The forms used to make your reports are being upgraded with current information and I expect them to be available very soon. There are two ways to make your reports – either by mailing the deceased information to the Regional Chaplain and the National Financial Secretary and to the National Chaplain. The second way is to send the deceased information via e-mail to the three persons named above.

In addition to reporting deceased members, it is important to remember those who are ill, in the hospital or rehab center; those who have a crisis in the family or just need a special note of phone call to keep in touch.

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The Unit Chaplain has a key roll in the reporting of deceased members. It is important to be as accurate as possible when filling out the form. Also, if you have any questions regarding the information you have received, please try to verify it.

My contact information is: Shirley Ferrill 2712 E. 14th St. National City CA 91950. Phone 619-267-2516. Email shirleyazf36@gmail.com.

I leave you with this thought for the day: "Live simply, love generously, care deeply, speak kindly and leave the rest to God."

Yours in Loyalty, Protection and Service,

Shirley Ferrill, National Chaplain 2022-2023

National President's Project

National President Nadine Fulton's President's Project for 2022-2023 is Warrior Foundation Freedom Station – Assisting, honoring and supporting those that have bravely served our country by supplying them with quality of life items, support services and transitional housing. For more information go to www.warriorfoundation.org.

National Vice President's Project

'Growing Our Membership' is National Vice President Vera Thomas's project for 2022-2023. First, concentrate on maintaining the members that we have and then work to increase the membership one member at a time. Most units know there is a problem with membership, we also know that this is an ongoing issue over many years.



Members of Unit 367 LAFRA waiting for the Unit President & Secretary. Second from the left is the Unit VP, Carmelita Mejo.

DONATIONS

NATIONAL PRESIDENT PROJECT 2021-2022

Lynn Smithson-Wright, Unit 289
Unit 70 Poway
Unit 289 Imperial Beach
Branch 38 Inland Empire
Unit 181 Navy Department
Unit 94 Corpus Christi
Northeast/New England Region
Lili Sexton in Memory of Elmer Frank, Branch 230
Kathy Mahool

James & Judy Bennett in Memory of Elmer Frank, Branch 230
Alice Bland
Unit 61 Chula Vista
Unit 287 Livermore
Branch/Unit 269 Low Country fundraiser
Gini & Don Larson Unit 94
Barbara Hrynshen, Unit 24

Carolyn Whitaker, PNP Unit 126
Unit 269 Low Country
Unit 40 Chesapeake
Branch 18 Seattle
Laurie Starkey in memory of her parents, Unit 31
Jackie Scarbro, Unit 40
Pete Lazzaretti, Branch 18
Misc. gift boxes
The Weisenburger Family in memory of Elmer Frank, Branch 230
Lorraine Gorne in Memory of Elmer Frank, Branch 230
Unit 12 Chicago
Chris Slawinski & daughter
Unit 22 Mark Kilgore
Mark Kilgore, PNP
Katie Fowler in memory of Elmer Frank, Branch 230
Janice & Ernie Peterson

NATIONAL PRESIDENT PROJECT 2022-2023

PNP Club
WCR Beer Club

Member Donation

WELFARE FUND 2022-2023

Unit 90 Fabulous Las Vegas

DECEMBER HOLIDAYS

Civil Air Patrol (USAF Auxiliary) Birthday
National Pearl Harbor Remembrance Day
National Wreaths Across America
Hanukkah
Christmas
Kwanzaa
New Year's Eve

December 1
December 7
December 18
December 18 – December 26, 2022
December 25
December 26 – January 1
December 31

- A reminder to all members to receive the Triangle by email please submit your email address to the National Executive Secretary (email address on the web site [la-fra.org] main page). Please encourage your fellow members to send in their email address and start receiving the Triangle. Remember to send the Executive Secretary a change of email address, especially if you are using a business address, so the mailing list can be kept up-to-date.
- Send membership change information (physical address, telephone number, and any change of status- married or widowed) to the National Financial Secretary (email address on the website [la-fra.org] main page).
- Read the Unit Procedure Manual, Unit Instructions and Rituals, Standing Rules and the Constitution and Bylaws, all are available on the website.
- Send all Member Death Notices to the Regional Chaplain, National Chaplain and National Financial Secretary for the Units - destroy all previous forms of the 'Unit Officer Information' form. Remember to send in the form you receive next year after Unit elections to the National Executive Secretary (information used to prepare the Unit Officer Roster which, after national convention, is provided to the Units), to all of the offices listed on the form. Please either print clearly or fill out on the computer.



FRA NP Robbie Robbins and LAFRA NP Nadine Fulton holding the wreath at Arlington National Cemetery



FRA NP Robbie Robbins and LAFRA NP Nadine Fulton saluting the Tomb of the Unknown Soldier at Arlington National Cemetery



to the Members and their families!

Love,

Nadine Fulton

National President 2022-2023

TRIANGLE – December 22
Ladies Auxiliary of the Fleet Reserve Association
39 Fairmount Drive
Glassboro, NJ 08028-1305

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
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BELLMAWR, NJ

Everyone is invited to transfer their paper Triangle to an e-mail Triangle. Please return the below form with your e-mail address to NES Laurie Starkey (39 Fairmount Drive, Glassboro, NJ 08028-1305) or send an e-mail (that includes at least your name and your member number, if you have it handy, for a faster delivery method to lafrastarkey@gmail.com

REPORT OF CHANGE OF ADDRESS AND OR EMAIL ADDRESS FOR THE TRIANGLE	
Date: _____	
Name: _____	Member No: _____
Old email address: _____	
New email address: _____	
Old Address	
Street: _____	
City, State, ZIP: _____	
New Address	
Street: _____	
City, State, ZIP: _____	
MAIL TO: Laurie Starkey, NES, 39 Fairmount Drive, Glassboro, NJ 08028-1305	
Remember to also notify the NFS of any change of address: LA FRA, P.O. Box 3037, Carson City, NV 89702	