



TRIANGLE

Ladies Auxiliary of the Fleet Reserve Association

dba Auxiliary of the Fleet Reserve Association

November 2025



2024-2025

National President

Kelly Peña
408.642.7722
penakelly66@gmail.com

National Vice President

Gini Larson PNP
361-442-5707
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National Executive Secretary

Laurie A. Starkey
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National Financial Secretary

Pat Suckow, PNP
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National Treasurer

Sharon Lippitt
908-507-0345
lafrasharonlippitt@gmail.com

Jr Past National President

Veralyn Thomas
904.495.4363
nplafra2023.24@aol.com

National Chaplain

Dorothy Smiley
757-240-7537
dsmileynationalchaplain@yahoo.com

National Parliamentarian

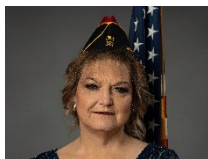
Helen A. Courneya
775-882-9201
vpc-hac-patches@att.net

Website: la-fra.org

Contact NES Laurie Starkey if you need addresses of any national officer.

For Membership and Auxiliary Supplies Contact:

LA FRA – NFS
PO Box 706
Goose Creek SC 29445



From the Desk of the National President

Dear Auxiliary Members,

As we welcome the month of November, we find ourselves embracing a time rich with significance and celebration. This month, we honor two pivotal occasions that resonate deeply within our hearts and communities.

First, on November 11, we pay tribute to our American veterans. This day serves as a profound reminder to express our sincere gratitude to those who have bravely served in our armed forces. We honor their courage, sacrifice, and unwavering dedication. One of my favorite quotes encapsulates this sentiment beautifully; "American without her soldiers would be like God without His angels."

The second significant holiday is Thanksgiving, which we will celebrate on November 27 this year. Thanksgiving is a cherished time for reflection, gratitude, and togetherness. While we should strive to appreciate the blessings in our lives every day, this occasion allows us to express our heartfelt thanks to those who enrich our lives. I sincerely hope that you all gather with your families to celebrate and enjoy a blessed Thanksgiving. Let us also indulge in the myriads of delicious foods that this season brings- though I encourage you to be mindful of your waistlines!

As we look forward to our National Convention in Springfield, Missouri, I am filled with anticipation. We have all dedicated significant effort in preparation for this event, and I am eager to see many of you there. A special thank you goes out to the North Central Region Convention Committee for their countless hours of hard work, ensuring that we can all enjoy this gathering.

I would also like to extend my heartfelt appreciation to the auxiliary members who served on the Auxiliary National Board of Directors, as well as those who participated in the appointments for the 2024-2025 term. Your dedication is invaluable, and I am sincerely grateful for each of you.

As my term as National President of the Ladies Auxiliary of the Fleet Reserve Association draws to a close, I find myself reflecting on the swift passage of time. Serving in this capacity has been a profound honor, filled with overwhelming joy and unforgettable memories. I have given my utmost, and I hope I have met your expectations. This role is not without its challenges; it has deepened my understanding of the passion that Past National Presidents have for their beliefs.

Continued on Page 2

Continued from Page 1

To all of you -- whether you are a member of the auxiliary or a shipmate -- you have played an essential role in my journey this year. I would like to express my gratitude to everyone who has generously supported my National President Project, "Paws for Purple Hearts." There remains an opportunity to contribute; your support would be greatly appreciated. If you wish to donate, please make your checks payable to LA FRA and send them to LA FRA NFS, PO BOX 706, Goose Creek, SC 29445, noting "NP Project" in the memo line.

In closing, my thoughts and prayers are with those members and families facing illness or mourning the loss of a loved one. I extend my best wishes to all celebrating birthdays, anniversaries, or any special occasions- may you enjoy many more joyous celebrations in the future.

In Loyalty, Protection, & Service,

Kelly M. Peña
LA FRA National President

November 2025 Holidays

November 2	Daylight Savings Ends
November 4	Election Day
November 11	Veterans Day
November 16	International Check Your Wipers Day
November 27	Thanksgiving

Donations

Pilgrimage: Unit 61

National President's Project: Members of Southeast Convention, Members of South Central Region, FRA Northwest Region, FRA West Coast Region, Maryann Frank PRP, Branch 13, Various members of Northeast/New England Convention

In Loving Memory of Our Departed Members

 National Presidents	 Other National/Regional Officers	 Members
 Gail Bolz, PRPSE, Unit 269	 Dolores Holland, Unit 137	 Donna Kleinsorgen, Unit 183
 Patricia Bischoff, Unit 289	 Martha Karandy, Unit 24	 Elisa Doma, Unit 302
 Carolyn Hall, MAL		

Membership Stats as of 9/30/2025

Members as of 4/1/2025	REI	NEW	TI	TO	RES	NP	DEC	INE	Other	Active Members Total as of 9/30/25
4255	87	202	41	39	8	281	26	1	0	4230
REI - Reinstated		TO - .Transfer Out			NP - Non-Payment			INE - Ineligible		
TI - Transfer In		RES - Resigned			DEC - Deceased					

Upcoming Events

11/4-7/2025	FRA & LA FRA National Convention	Springfield, MO
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Reminders

All members can receive the *Triangle* by e-mail at no charge. Please submit your e-mail address to the National Executive Secretary (e-mail address on the web site [la-fra.org] main page). Please encourage your fellow members to send in their e-mail address and start receiving the Triangle. Remember to send the Executive Secretary a change of e-mail address, especially if you are using a business address, so the mailing list can be kept up-to-date.

Send membership change information (physical address, telephone number, and any change of status- married or widowed) to the National Financial Secretary. Please contact NES Starkey for the e-mail address, if needed.

Read the Unit Procedure Manual, Unit Instructions and Rituals, Standing Rules and the Constitution and Bylaws, all are available on the website.

Send all Member Death Notices to the Regional Chaplain, National Chaplain (dsmileynationalchaplain@yahoo.com), and National Financial Secretary (lafranfsnat@gmail.com).

For the Regions – destroy all previous forms of the ‘Newly Elected/Appointed Regional Officers’ form. Remember to send in the form after the regional elections to the National Executive Secretary (information used to prepare the Unit Officer Roster which, after the National Convention, is provided to the Units), and to all of the offices listed on the form. Please either print clearly or fill it out on the computer.

For the Units - destroy all previous forms of the ‘Unit Officer Information’ form. Remember to send in the form you receive after Unit elections to the National Executive Secretary (information used to prepare the Unit Officer Roster which, after National Convention, is provided to the Units), and to all of the offices listed on the form. Please either print clearly or fill it out on the computer.

Nominating Resolutions Received for National Office

National President:	Kelly Peña, Unit 287 Gini Larson, PNP, Unit 94
National Vice President:	Laurie Starkey, Unit 31
National Executive Secretary:	Doris Fri, Unit 161 Candiss Cox, Unit 99

National President's Project

My National President's Project for 2024-2025 is "Paws for Purple Hearts". Their mission is to improve the lives of America's Warriors facing mobility challenges and trauma-related conditions such as PTSD and TBI by providing the highest quality Assistance Dogs and canine-assisted therapy programs; and by building public awareness about the Important role dogs play in helping Warriors along the road to recovery.

Paws for Purple Hearts is the world's only service dog organization for wounded Service Members and veterans that partners with Bergin College of Canine Studies. Bergin College is the first and only college in the world that focuses on training and learning about dogs. It was founded and continues to be led by the famous canine researcher and inventor of the service dog concept, Dr. Bonnie Bergin.

Through its unique mission to advance human-canine studies, it produces some of the best service dog trainers and highest quality assistance dogs. Although Paws for Purple Hearts is now separate from Bergin College- all of their trainers are Bergin graduates.

As an employee at the VA Palo Alto Health Care/Veterans Affairs, I have had the opportunity to witness the facility dogs in action with veteran inpatients. It is quite a moving experience to see the works of these dogs and how they benefit our veterans. This non-profit 501(c)(3) organization is close to my heart.

There are three ways to donate to this organization:

1. Mail a check to LA FRA National Financial Secretary at PO BOX 706, Goose Creek, SC 29445 and note on the memo line "2024-2025 NP Project".
2. Or click on www.pawsforpurplehearts.org and click on "DONATE." Then go in the "how did you hear about us field" and type in LA FRA 2024-2025 National President Project.
3. Or Venmo to Paws for Purple Hearts@Paws4ph and enter "LA FRA" in the notes field when you donate.

"Warriors helping Warriors-giving back to those who gave so much".

National Vice President's Project

NVP Gini Larson's National Vice President's Project is "BRING THEM BACK." She will contact members whose membership was not renewed or lapsed in an effort to get them to rejoin the Ladies Auxiliary of the Fleet Reserve Association. She will also be in contact with all members at large.

NATIONAL FINANCIAL SECRETARY

July-September

REPORT 4TH QT

2025

INCOME	July	August	September	4th QT
PCT Members (2500x\$12.50)	\$2,375.00	\$2,562.50	\$2,550.00	\$7,487.50
PCT Members At Large (150x\$25)	\$300.00	\$325.00	\$525.00	\$1,150.00
Resale Items	\$386.00			\$386.00
TRIANGLE		\$50.00		\$50.00
Convention Minutes				\$0.00
Pilgrimage Donations	\$200.00			\$200.00
Interest General Fund #6022	\$0.12	\$0.15	\$0.13	\$0.40
GF/PCT RECEIPTS SUBTOTAL	\$3,261.12	\$2,937.65	\$3,075.13	\$9,273.90
Income Special Funds and Savings Receipts				
Welfare Donations			\$75.00	\$75.00
NP Project 2024-2025 Donations	\$459.00	\$750.00	\$866.00	\$2,075.00
NP Scholarship #1740	\$25.00		\$25.00	\$50.00
LA FRA Scholarship Fund #1757	\$200.00			\$200.00
Paid in Advance Unit Members	\$1,787.50	\$1,725.00	\$1,462.50	\$4,975.00
INT NP Project #1732	\$2.84	\$3.11	\$3.59	\$9.54
INT NP Scholar #1740	\$14.15	\$18.10	\$17.43	\$49.68
INT LA FRA Scholar #1757	\$14.63	\$18.62	\$18.65	\$51.90
INT Welfare/Rehab #3567	\$11.58	\$15.44	\$15.57	\$42.59
INT Escrow Savings #1724	\$3.59	\$3.77	\$3.80	\$11.16
INT PCT Advance Savings #2866	\$43.58	\$58.23	\$64.41	\$166.22
INT NFCU CD #3307	\$87.49	\$90.70	\$91.01	\$269.20
INT NFCU CD #3309	\$9.69	\$10.05	\$10.08	\$29.82
INT NFCU CD #3312	\$100.70	\$104.45	\$89.69	\$294.84
INT NFCU CD #3313	\$88.89	\$92.15	\$92.46	\$273.50
INT NFCU CD #3314	\$98.73	\$102.38	\$102.85	\$303.96
FUNDS & SAVINGS RECEIPTS				
TOTAL RECEIPTS	\$6,208.49	\$5,929.65	\$6,013.17	\$18,151.31
EXPENSES				
NATIONAL PRESIDENT				
Allowance (for add'l travel) 2024-2025)	\$500.00	\$500.00	\$500.00	\$1,500.00
Postage/Supplies/Printing	\$155.55			\$155.55
Travel Pilgrimage				
Allowance Pilgrimage (2 days @ 75.00) SR14 c				
Travel National Convention .21 mile up to \$500.			\$500.00	\$500.00
Allowance National Convention (6 days @ 75.00)			\$450.00	\$450.00
National President's Gift			\$1,000.00	\$1,000.00
Total	\$655.55	\$500.00	\$2,450.00	\$3,605.55

<u>NATIONAL VICE PRESIDENT</u>				
Allowance (For add'l travel)				
Postage/Supplies/Printing				
Travel National Convention .21 mile up to \$500.			\$362.04	\$362.04
Allowance National Convention (6 days @ 75.00)			\$450.00	\$450.00
National Vice President's Membership recruiting awards			\$525.00	\$525.00
Membership Awards SR4			\$200.00	\$200.00
Total			\$1,537.04	\$1,537.04
<u>NATIONAL EXECUTIVE SECRETARY</u>				
Allowance (For add'l travel)	\$300.00	\$300.00	\$300.00	\$900.00
Supplies/Printing/Postage	\$16.84			\$16.84
TRIANGLE Printing/supplies	\$224.50	\$41.57		\$266.07
TRIANGLE First Class Postage				\$0.00
TRIANGLE Postage (Bulk Mail)	\$174.55	\$46.76	\$46.76	\$268.07
TRIANGLE Return Mail			\$5.35	\$5.35
Bulk Mail Renewal (Permit)				\$0.00
Travel National Convention .21 mile up to \$500.			\$404.46	\$470.40
Allowance National Convention (6 days @ 75.00)			\$450.00	\$450.00
Working Fund (2022-2025) (\$1500)	\$0.00	\$0.00	\$0.00	\$0.00
Total	\$715.89	\$388.33	\$1,206.57	\$2,376.23
<u>NATIONAL FINANCIAL SECRETARY</u>				
Allowance (for add'l travel)	\$300.00	\$300.00	\$300.00	\$900.00
Postage/Supplies/Printing (PSP)	\$191.28	\$513.72	\$40.62	\$745.62
Retail Postage	\$16.20			\$16.20
Resale Items to include 50 year pins	\$391.37			\$391.37
Bulk Mail postage	\$99.12	\$96.53	\$101.92	\$297.57
Bulk Mail Renewal				\$0.00
Software Support	\$25.00	\$25.00	\$244.99	\$294.99
Post Office Box -12 Month Rental Large Box				\$0.00
Travel National Convention .21 mile up to \$500.			\$500.00	\$500.00
Allowance National Convention (6 days @ 75.00)			\$450.00	\$450.00
History Book update (every 5 years) due 2026				\$0.00
Membership Plaque/ Engraving SR23F	\$0.00	\$0.00	\$22.47	\$22.47
NFS Working Fund \$1000 (2023-26)	\$0.00	\$0.00	\$0.00	\$0.00
Total	\$1,022.97	\$935.25	\$1,660.00	\$3,618.22
<u>NATIONAL TREASURER</u>				
Allowance (for add'l travel)	\$300.00	\$300.00	\$300.00	\$900.00
New NT Training Travel				\$0.00
Allowance for NT Carolyn Whitaker				\$0.00

Postage/Supplies/Printing	\$0.00	\$0.00	\$80.78	\$80.78
Travel National Convention .21 mile up to	\$0.00	\$0.00	\$500.00	\$500.00
Allowance National Convention (6 Days@	\$0.00	\$0.00	\$450.00	\$450.00
Working Fund \$200 (2024-2027)	\$0.00	\$0.00	\$0.00	\$0.00
Total	\$300.00	\$300.00	\$1,330.78	\$1,930.78
REGIONAL PRESIDENTS				
\$400 per Regional President@ Post Board. SR14(d)				
Balance awarded by NP based on work performance			\$1,900.00	\$1,900.00
All Regional Presidents will be allowed \$120 P/S/P x8				
Allowance for National Convention (\$75@6 days) x8			\$3,150.00	\$3,150.00
Travel National Convention .21 mile up to \$500.			\$2,674.09	\$2,674.09
Total			\$7,724.09	\$7,724.09
JR. PAST NATIONAL PRESIDENT				
Postage/Supplies/Proofing Convention Minutes				
Travel National Convention .21 mile up to \$500.				
or a Coach Airline Ticket up to \$500.00 including 1 bag			\$500.00	\$500.00
Allowance National Convention (6 Days@75.00)			\$450.00	\$450.00
Total			\$950.00	\$950.00
NATIONAL PARLIAMENTARIAN				
Postage/Supplies/Printing				
Travel National Convention .21 mile up to \$500.			\$471.64	\$ 471.64
Allowance National Convention (6 Days @ 75.00)			\$450.00	\$ 450.00
Total			\$921.64	\$921.64
NATIONAL CHAPLAIN				
Postage/Supplies/Printing			\$31.20	\$31.20
Travel National Convention .21 mile up to \$500			\$418.37	\$418.37
Allowance National Convention (6 days @ 75.00)			\$450.00	\$450.00
Total			\$899.57	\$899.57
FLOWERS				
Memorial (Current FRA/:LAFRA, Spouse &PNP)	\$25.00			\$25.00
INSURANCE				
Fidelity Bond (3 year policy (2022-25) pd y	\$1,213.00			\$1,213.00
Accidental Death (3 year policy 2022-25) pd yearly				
Total	\$1,238.00			\$1,238.00
OTHER EXPENDITURES				

National Budget and Finance Committee				
National Constitution and Bylaw Committee				
Legal Services				
Pennsylvania Corporation Fee				
Shipping National Officers Equipment (NT)				
SR 14 F unforeseen travel	\$1,028.22			\$1,028.22
Total	\$1,028.22			\$1,028.22
WELFARE FUND				
Total				
NATIONAL CONVENTION				
Printing/Supplies/Shipping			\$40.00	\$40.00
Convention Minutes/Postage/Printing				
Flowers Memorial Service/Memorial Triangle Board				
National Officers Pins				
Total			\$40.00	\$40.00
Scholarships				
NP Scholarship	\$1,500.00			\$1,500.00
LAFRA Scholarship	\$500.00			\$500.00
Sam Rose Memorial	\$500.00			\$500.00
Allie Mae Odem Memorial	\$500.00			\$500.00
Total	\$3,000.00			\$3,000.00
Total expenses	\$7,960.63	\$2,123.58	\$18,785.63	\$28,869.84
THIS IS TO CERTIFY THAT THE BOOKS OF THE NATIONAL FINANCIAL SECRETARY WERE AUDITED, AND FOUND TO BE IN ORDER AND ALL MONIES ACCOUNTED				
	30-Sep-25			
<i>Gale M. Nathan</i>		<i>Marilyn Tharp</i>		
NFS Audit Committee--Date 10-11-25		NFS Audit Committee--Date 10-11-25		
Gale Nathan Unit 269		Marilyn Tharp-Unit 269		
<i>Sue Peters</i> 10-11-25		<i>Pat Suckow</i>		
NFS Audit Committee--Date		National Financial Secretary--Date 10-11-25		
Sue Peters Unit 269		Pat Suckow, PNP--Unit 269		

**NATIONAL TREASURER
4TH QTR REPORT
2024-25**

RECEIPTS & DISBURSEMENTS	JULY	AUGUST	SEPT	TOTAL
RECEIPTS GENERAL FUND				
PCT Dues - Unit Members	2,375.00	2,562.50	2,550.00	7,487.50
PCT Dues - MAL	300.00	325.00	525.00	1,150.00
Retail Sales	386.00	50.00		436.00
Pilgrimage	200.00			200.00
INT General Fund #6022	0.12	0.15	0.13	0.40
RECEIPTS SUBTOTAL	\$ 3,261.12	\$ 2,937.65	\$ 3,075.13	\$ 9,273.90
RECEIPTS SAVINGS ACCOUNTS				
NP Project #1732 2024-25 - Pena	\$459.00	\$750.00	\$866.00	\$2,075.00
NP Scholarship #1740	25.00		25.00	50.00
LA FRA Scholarship Fund #1757	200.00			200.00
Welfare #3567 Donations			75.00	75.00
PCT Dues - Advance - Unit Members	1,787.50	1,725.00	1,462.50	4,975.00
INT NP Project #1732	2.84	3.11	3.59	9.54
INT NP Scholar #1740	14.15	18.10	17.43	49.68
INT LA FRA Scholar #1757	14.63	18.62	18.65	51.90
INT Welfare/Rehab #3567	11.58	15.44	15.57	42.59
INT Escrow Savings #1724	3.59	3.77	3.80	11.16
INT PCT Advance Savings #2866	43.58	58.23	64.41	166.22
INT NFCU CD #3307	87.49	90.70	91.01	269.20
INT NFCU CD #3309	9.69	10.05	10.08	29.82
INT NFCU CD #3312	100.70	104.45	89.69	294.84
INT NFCU CD #3313	88.89	92.15	92.46	273.50
INT NFCU CD #3314	98.73	102.38	102.85	303.96
RECEIPTS SUBTOTAL	\$ 2,947.37	\$ 2,992.00	\$ 2,938.04	\$ 8,877.41
TOTAL ALL RECEIPTS	\$ 6,208.49	\$ 5,929.65	\$ 6,013.17	\$ 18,151.31
DISBURSEMENTS				
General Fund #6022	\$(4,960.63)	\$(2,123.58)	\$(18,785.63)	\$(25,869.84)
TOTAL DISBURSEMENTS	\$ (4,960.63)	\$ (2,123.58)	\$ (18,785.63)	\$ (25,869.84)
NP Scholarship #1740	\$ 1,500.00			\$1,500.00
LAFRA Scholarshio #1757	\$ 1,500.00			\$1,500.00
BANKING ADJUSTMENTS/TRANSFERS				
Transfer from PCT to Escrow	\$412.50	\$337.50	\$637.50	\$ 1,387.50

**NATIONAL TREASURER
4TH QTR REPORT
2024-25**

RECEIPTS & DISBURSEMENTS

6/27/2025 TO 9/30/2025

SUMMARY OF ALL ACCOUNTS

NATIONAL PRESIDENT PROJECT #1732	6/27/2025	\$ 4,110.25
Donations NP Project 2024-2025		2,075.00
Interest		9.54
ENDING BALANCE	9/30/2025	\$ 6,194.79
NP SCHOLARSHIP FUND #1740	6/27/2025	\$ 20,412.70
Donations		50.00
Scholarship Awards		(1,500.00)
Interest		49.68
ENDING BALANCE	9/30/2025	\$ 19,012.38
LA FRA SCHOLARSHIP FUND # 1757	6/27/2025	\$ 20,992.15
Donations		200.00
Scholarship Awards		(1,500.00)
Interest		51.90
ENDING BALANCE	9/30/2025	\$ 19,744.05
WELFARE/REHABILITATION FUND #3567	6/27/2025	\$ 17,435.94
Donations		75.00
Interest		42.59
ENDING BALANCE	9/30/2025	\$ 17,553.53
ESCROW SAVINGS #1724	6/27/2025	17,488.42
Transfer from PCT		1,387.50
Interest		11.16
ENDING BALANCE	9/30/2025	\$ 18,887.08
ADVANCE PAY SAVINGS #2866	6/27/2025	\$ 49,009.82
Deposit PCT Advance Pay MBRS		4,975.00
Adv Pay transfer to gen fund for year 9/30/25		(9,367.50)
Interest		166.22
ENDING BALANCE	9/30/2025	\$ 44,783.54
NFCU CD # 3307 - 12 Month	6/27/2025	27,112.61
Interest		269.20
ENDING BALANCE	9/30/2025	\$ 27,381.81
NFCU CD # 3309 - 12 Month	6/27/2025	\$ 3,042.65
Interest		29.82
ENDING BALANCE	9/30/2025	\$ 3,072.47
NFCU CD # 3312 - 12 Month	6/27/2025	\$ 26,354.72
Interest		294.84
ENDING BALANCE	9/30/2025	\$ 26,649.56
NFCU CD # 3313 - 3 Month	6/27/2025	\$ 27,545.31
Interest		273.50
ENDING BALANCE	9/30/2025	\$ 27,818.81

**NATIONAL TREASURER
4TH QTR REPORT
2024-25**

RECEIPTS & DISBURSEMENTS

6/27/2025 TO 9/30/2025

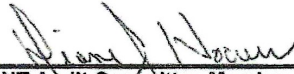
NFCU CD # 3314 - 12 Month	6/27/2025	\$ 28,484.58
Interest		303.96
ENDING BALANCE	9/30/2025	\$ 28,788.54
GF CHECKING ACCOUNT - #6022	6/27/2025	\$ 18,785.05
PCT Members		7,487.50
PCT MAL		1,150.00
Retail Sales		436.00
Receipts from ledger		200.00
Adv Pay transfer for year 9/30/25		9,367.50
Interest		0.40
Disbursements		(25,869.84)
ENDING BALANCE	6/27/2025	\$ 11,556.61
INVESTMENT		
American Fund (Capital Group)		
Original Cash Investment 10/22/2002 \$50,000.1		Portfolio value a 9/30/2025
Net Unrealized Gain including reinvested dividends for the Period is \$9771.20		\$ 270,759.20
QUARTER GRAND TOTAL		\$ 522,202.37

Bank Reconciliation Forms on File

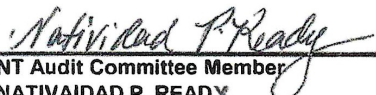
**THIS IS TO CERTIFY THAT THE BOOKS OF THE NATIONAL TREASURER WERE AUDITED
AND FOUND TO BE IN ORDER AND ALL THE MONIES ACCOUNTED FOR AS OF 10/14/2025**



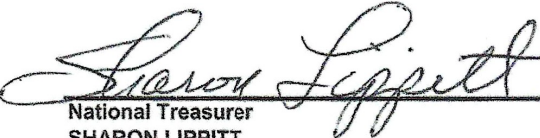
NT Audit Committee Chairman
CYNTHIA RODHAM-TUCK PNP



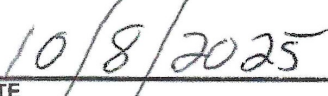
NT Audit Committee Member
DIANE HOOVER PNP



NT Audit Committee Member
NATIVIDAD P. READY



National Treasurer
SHARON LIPPITT



DATE

TRIANGLE – November 2025
Ladies Auxiliary of the Fleet Reserve Association
39 Fairmount Drive
Glassboro, NJ 08028-1305

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
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PERMIT NO. 2332
BELLMAWR, NJ

Everyone is invited to transfer their paper Triangle to an e-mail Triangle. Please return the below form with your e-mail address to NES Laurie Starkey (39 Fairmount Drive, Glassboro, NJ 08028-1305) or send an e-mail (that includes at least your name and your member number, if you have it handy, for a faster delivery method to lafrastarkey@outlook.com

REPORT OF CHANGE OF ADDRESS AND OR E-MAIL ADDRESS FOR THE TRIANGLE	
Date: _____	
Name: _____	Member No: _____
Old e-mail address: _____	
New e-mail address: _____	
Old Address	
Street: _____	
City, State, ZIP: _____	
New Address	
Street: _____	
City, State, ZIP: _____	
MAIL TO: Laurie Starkey, NES, 39 Fairmount Drive, Glassboro, NJ 08028-1305	
Remember to also notify Pat Suckow, NFS, of any change of address: LA FRA, PO Box 706, Goose Creek, SC 29445	